

POLAR®
LISTEN TO YOUR BODY



POLAR PRODUCT CATALOG

A BIT ABOUT POLAR

As the inventors of the first heart rate monitor for training over 30 years ago, we're truly experts in the field. We've been leading this category, with the world's top specialists working on the most accurate and intelligent training computers and heart rate-based features. This unrivalled physiological expertise allows us to lead the way in innovative product development.

The award-winning design of our products coupled with our technological innovation reflects our passion for sports and training. At Polar, we understand how important sports and fitness are to you. So we make it as much a part of our lives as it is of yours.

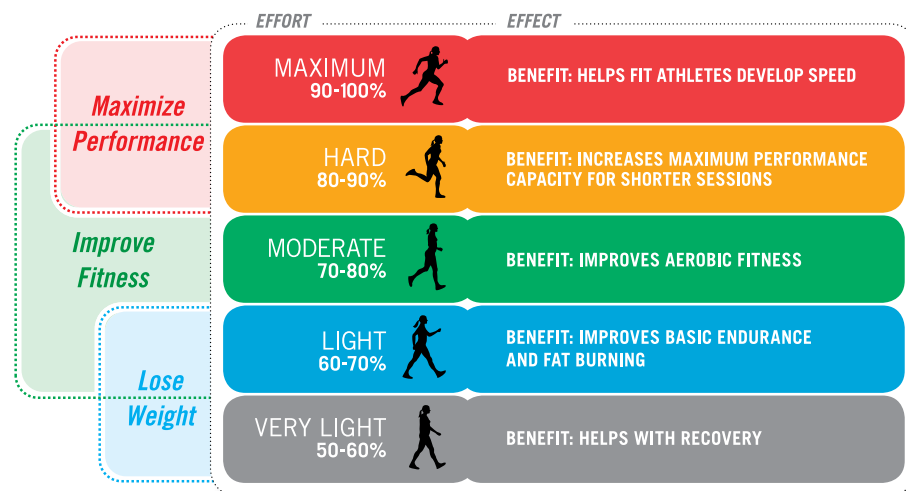
What's more, our features give guidance based on your personal information and individual heart rate and its variation. So whatever your sport and whatever your level, Polar products will push you to get more out of your training. Read on and we'll show you how.

WHY TRAIN WITH A HEART RATE MONITOR?

Getting the most out of your training doesn't always mean working faster or harder. Heart rate training optimizes your efforts, and you can make each minute of each session count. When you listen to your body with a heart rate monitor and keep your recovery times optimal, you will increase your fitness, improve your performance, and gain more strength – and you do this faster with Polar.

TRAINING ZONES

Heart rate training is based on training at intensity zones that are determined from the percentage of your maximum heart rate. When you train at the right intensity, you'll get the effect you're looking for.



With Polar, you'll know the benefit of your training, so you know when to pick up your pace or slow it down.

For more information on why you should train with a heart rate monitor, please visit www.polarusa.com

WHY CHOOSE POLAR?

Polar products take the guesswork out of your training by giving guidance based on your heart rate and its variation. With Polar by your side, you can follow predetermined training plans on your training computer, measure your performance, and analyze every detail of your training. Whatever your activity, Polar training computers can adapt to any need with compatible sensors and versatile features. Listening to your body has never been easier – whether you're a beginner, a weekend warrior or a professional athlete.

UNIQUE POLAR FEATURES



OwnZone®

If you are stressed or tired, or if you have not fully recovered from your latest training session, a Polar training computer will guide you to your ideal training zone for that moment. With OwnZone you know exactly what the suitable target zones for your training are.



Fitness Test

Polar training computers measure your aerobic fitness with this five-minute easy-to-do Fitness Test. The results tell you your aerobic fitness and, by comparing the value over time, you'll see if your fitness level is really improving.



EnergyPointer

EnergyPointer visually indicates the center point between improving fitness or fat burning. So you know whether your training is more effective for improving fitness or burning fat.



STAR Training Program

Now you can choose whether you want to maximize performance, improve fitness, or lose weight. You will get an aerobic training program with weekly targets – including calories, intensity and duration – and get feedback on the display.



Strength Training Guidance

Strength Training Guidance tells you how long to rest between each set, based on your heart rate. Forget standardized recovery periods between sets and get more reliable guidance by listening to your body.

For information about other unique Polar features, including videos, please visit www.polarusa.com



FITNESS & CROSS-TRAINING

FT80

For fitness enthusiasts who want to improve strength and cardio.



- Strength Training Guidance tells you how long to rest between each set, making every session more effective
- STAR Training Program customizes an aerobic training program for you with weekly targets based on your personal goals
- Fitness Test measures your aerobic fitness at rest and tells you your progress
- Comes with Polar FlowLink® for effortless data transfer to your online training diary at polarpersonaltrainer.com

Key features:



Compatible accessories:

S1 foot pod
G1 GPS sensor
FlowLink®

FT60

For dedicated exercisers who want to know how much and how intensively to train.



- STAR Training Program customizes an aerobic training program for you with weekly targets based on your personal goals
- Gives feedback on the effect of your training after your workout
- Fitness Test measures your aerobic fitness at rest and tells you your progress
- OwnCal® displays calories burned with fat percentage

Key features:



Compatible accessories:

S1 foot pod
G1 GPS sensor
FlowLink®

Take a look at page 18 for accessories that can push your training to the next level.

FT40

For active exercisers who want clear guidance and to monitor their fitness level.



- EnergyPointer shows when your training is more effective for fitness improving or fat burning
- Fitness Test measures your aerobic fitness at rest and tells you your progress
- OwnCal® displays calories burned with fat percentage
- Comes with soft, comfortable fabric transmitter and coded heart rate transmission to avoid cross-talk

Key features:



Compatible accessories:

FlowLink®

FA20

For people who want to improve their health and fitness by measuring the impact of their daily activities.



- Guides you toward a more active lifestyle with 24/7 activity measurement
- Shows graphically all your effective active motion
- Tells you if you're improving health or fitness
- Displays calories burned, distance covered, active steps, and the duration of your activity

Key features:



Compatible accessories:

FlowLink®

FT7

For those who want to know if they're improving fitness or burning fat.



- EnergyPointer shows when your training is more effective for fitness improving or fat burning
- OwnCal® displays calories burned
- Keeps track of your weekly training
- Comes with soft, comfortable fabric transmitter and coded heart rate transmission to avoid cross-talk

Key features:



Compatible accessories:

FlowLink®

FT2

For recreational exercisers who want an easy start to fitness.



- Shows heart rate on a large and easy-to-read display
- Helps improve your fitness with automatic age-based heart rate target zone
- Displays a summary of your latest workout
- Offers one-button functionality and coded heart rate transmission to avoid cross-talk

Key features:



FT4

For those who want basic heart rate based features to keep their fitness training simple.



- Target Zone shows when you're improving fitness based on your heart rate
- OwnCal® displays calories burned
- Keeps track of your last 10 workouts
- Comes with soft, comfortable fabric transmitter and coded heart rate transmission to avoid cross-talk

Key features:



FT1

For the first step into heart rate based training.



- Shows heart rate on a large and easy-to-read display
- Helps improve your fitness with manual heart rate target zone
- Displays a summary of your latest workout
- Offers one-button functionality and coded heart rate transmission to avoid cross-talk

Key features:



Take a look at page 18 for accessories that can push your training to the next level.



CYCLING

CS600X

For competitive cyclists who want to take their training to its highest level.



- OwnOptimizer® determines if your training and recovery times are optimally developing your performance
- Helps you train at the right intensity with personal sport zones
- Built-in altitude measurement, which also shows the inclines and declines of your ride
- Comes with Polar ProTrainer 5 software for analyzing, planning, and keeping a training diary

Key features:



Compatible accessories:

CS speed sensor W.I.N.D.
CS cadence sensor W.I.N.D.
G3 GPS sensor W.I.N.D.
Power Output Sensor W.I.N.D.
IrDA USB Adapter

CS500

For ambitious cyclists seeking improved cycling performance.



- OwnZone® determines daily personal heart rate target zones for optimal training
- Allows quick and safe control with the rocker switch and oversized user-configurable display
- Built-in altitude measurement, which also shows the inclines and declines of your ride
- Training load view at polarpersonaltrainer.com tells at a glance if you have recovered enough for the next training session

Key features:



Compatible accessories:

CS speed sensor W.I.N.D.
CS cadence sensor W.I.N.D.
Power Output Sensor W.I.N.D.
DataLink

Take a look at page 18 for accessories that can push your training to the next level.



CS400

For demanding cyclists who require more advanced training capabilities.

- Measures heart rate combined with current, average, and maximum speed
- Helps you train at the right intensity with personal sport zones
- Built-in altitude measurement, which also shows the inclines and declines of your ride
- Comes with Polar ProTrainer 5 software for analyzing, planning, and keeping a training diary

Key features:



Compatible accessories:

CS speed sensor
CS cadence sensor
IrDA USB Adaptor



CS200cad

For goal-oriented cyclists who want more out of their training and performance.

- Measures heart rate combined with current, average, and maximum speed
- OwnZone® determines daily personal heart rate target zones for optimal training
- Shows real-time and average pedaling rate
- Connects to your training diary at polarpersonaltrainer.com

Key features:



Compatible accessories:

CS speed sensor
CS cadence sensor



CS300

For fitness cyclists who want to wear their training computer on their wrist or on their bike mount.

- Measures heart rate combined with current, average and maximum speed
- OwnZone® determines daily personal heart rate target zones for optimal training
- Fitness Test measures your aerobic fitness at rest and tells you your progress
- Connects to your training diary at polarpersonaltrainer.com

Key features:



Compatible accessories:

CS speed sensor
CS cadence sensor



CS100

For recreational cyclists who want to improve their cycling performance.

- Measures heart rate combined with current, average, and maximum speed
- OwnZone® determines daily personal heart rate target zones for optimal training
- OwnCal® displays calories burned
- Displays a summary of your latest ride

Key features:



Compatible accessories:

CS speed sensor
CS cadence sensor

Take a look at page 18 for accessories that can push your training to the next level.

RUNNING & MULTISPORT

RS800CX

For multisport athletes who require a wide range of performance information.

- Helps avoid over- or under-training by guiding you to train at the right intensity
- Measures detailed information about your performance
- OwnOptimizer® determines if your training and recovery times are optimally developing your performance
- Comes with Polar ProTrainer 5 software for analyzing, planning and keeping a training diary

Key features:



Compatible accessories:

s3 stride sensor W.I.N.D.
CS speed sensor W.I.N.D.
CS cadence sensor W.I.N.D.
G3 GPS sensor W.I.N.D.
IrDA USB Adapter



RS400

For endurance athletes and runners who rely on systematic training.

- Helps you train at the right intensity with personal sport zones
- Measures detailed information about your performance
- Fitness Test measures your aerobic fitness at rest and tells you your progress
- Comes with Polar ProTrainer 5 software for analyzing, planning and keeping a training diary

Key features:



Compatible accessories:

S1 foot pod
IrDA USB Adapter



Take a look at page 18 for accessories that can push your training to the next level.



RS300X

For recreational athletes who require all essential heart rate and timing features.

- Helps you train at the right intensity with personal sport zones
- Fitness Test measures your aerobic fitness at rest and tells you your progress
- OwnCal® displays calories burned
- Comes with soft, comfortable fabric transmitter and coded heart rate transmission to avoid cross-talk

Key features:



Compatible accessories:

S1 foot pod
G1 GPS sensor
FlowLink®



RS100

For beginners who want basic heart rate and timing features.

- OwnZone® helps improve your fitness with personal heart rate target zones
- OwnCal® displays calories burned
- Displays a summary of your latest session
- Comes with soft, comfortable fabric transmitter and coded heart rate transmission to avoid cross-talk

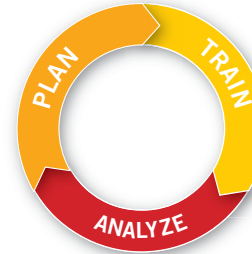
Key features:



Take a look at page 18 for accessories that can push your training to the next level.

TRACK YOUR PROGRESS

Polar training systems allow you to plan your training sessions in advance, measure and record your performance while training, and analyze your results in depth.



PLAN:

Before training, you can create detailed training sessions and save your plan to your compatible Polar training computer.

TRAIN:

While training, your Polar training computer guides you through your training and gives instant feedback on how you're doing.

ANALYZE:

After training, you will get a summary of the session and you can also transfer the training data to your computer to evaluate your session in even more detail.

POLARPERSONALTRAINER.COM



Add something extra to your workout by recording your training online. There's a range of training programs designed to guide and motivate you to a better workout.

- Create personalized training programs
- Follow your improvement with the training diary
- Transfer your training data wirelessly
- Challenge and get advice from other members

POLAR PROTRAINER 5



If you're a serious athlete, analyze your training in great detail with ProTrainer 5. You can also import training plans that are created by top coaches and experienced athletes.

- Plan, create and customize your training sessions
- An advanced training diary with planning features
- Detailed analysis of individual exercises
- Multi-variable follow-up reports

AT THE HEART OF YOUR TRAINING



Most Polar training computers come with a heart rate transmitter. The WearLink®+ transmitter is a comfortable, washable fabric device which uses coded transmission to pick up your heart rate signal and not your training buddy's.

OUR RANGE OF ACCESSORIES

With Polar accessories you can upgrade your training computer, enhance your training experience and achieve a more complete understanding of your performance.

FOR CYCLING



CS speed sensor

Add the CS speed sensor and you'll get your cycling speed and distance.



CS cadence sensor

Add the CS cadence sensor to improve your cycling technique and efficiency by measuring your real-time and average pedaling rate.



CS speed sensor W.I.N.D.

Add the CS speed sensor using W.I.N.D. technology and you'll get your cycling speed and distance.



CS cadence sensor W.I.N.D.

Add the CS cadence sensor W.I.N.D. to measure your real-time and average pedaling rate of your ride.



Power Output Sensor W.I.N.D.

Add the Power Output Sensor W.I.N.D. and get data which helps perfect your cycling economy and technique.

FOR RUNNING



S1 foot pod

Add the S1 foot pod to measure your running speed, pace, and distance.



s3 stride sensor W.I.N.D.

Add the small s3 stride sensor W.I.N.D. and attach it onto your shoe to get your speed, pace, distance, as well as your Running Index to measure your running performance.

FOR OUTDOOR ACTIVITIES



G1 GPS sensor

Add the G1 GPS sensor and wear it on your arm to measure your speed, pace, and distance in outdoor activities.



G3 GPS sensor W.I.N.D.

Add a G3 GPS sensor W.I.N.D. and wear it on your arm to see your speed, pace, and distance in outdoor sports, as well as your route later on a map, for example on Google Earth.™

FOR DATA TRANSFER



DataLink

With the Polar DataLink, you can transfer your training files to your online training diary at polarpersonaltrainer.com.
(PC and MAC compatible)



FlowLink®

With the Polar FlowLink®, you can transfer your training files to your online training diary at polarpersonaltrainer.com.
(PC and MAC compatible)



IrDA USB Adapter

With the Polar IrDA USB Adapter, you can transfer your training files to Polar ProTrainer 5 software and polarpersonaltrainer.com.

FEATURE SYMBOL LEGEND



OwnZone® determines your optimal target heart rate limits based on your daily condition.



OwnCal® counts and displays calorie expenditure.



Coded heart rate transmission prevents cross-talk from other training computers.



OwnOptimizer® helps you optimize your training load and recovery time.



Fitness Test measures OwnIndex® which is equivalent to your maximal oxygen uptake (VO2max), telling you about your fitness level.



OwnRelax® is a quick and easy way to check your body's state of relaxation. Do the 5-minute relaxation session to measure your heart rate and heart rate variability, and you can see how relaxed your body and mind are.



Strength Training Guidance optimizes your strength training based on your heart rate. With a graphical curve display, this innovation shows you how long to rest between each set to achieve optimal impact.



EnergyPointer shows visually when your training is more effective for fitness improving or fat burning.



STAR Training Program customizes an aerobic training program for you with weekly targets, gives you feedback and guidance, and adapts to your personal training habits.



With Target Zone you can apply your automatic age-based heart rate target zone limits.



Beat-to-beat recording gives a real close-up of your heart rate. With it comes the possibility of defining relaxation rate and viewing your heart rate online on a PC.



Provides an easy way to select and monitor the intensity of your training and to follow Polar's sport zones-based training programs.



Memory files automatically store all training data from the latest training sessions.



Energy output gives cycling workload as kcal/h and kcal/km. With this feature you can foresee your calorie consumption and secure sufficient intake on a long ride. This feature is also useful for comparing and analyzing the loads of various training types.



Wireless speed and cadence sensors provide accurate measurement. Easy attachment and aerodynamic design.



Incline measurement shows uphill or downhill steepness in percentages and grades calculated from altimeter data. Numerical information helps you adjust your cycling effort accordingly.



Cycling Efficiency Index tells the cycling efficiency ratio. Improvement in cycling efficiency indicates improvement in the economy of cycling performance.



Autolapping allows your training computer to automatically take laps based on distance, e.g. every 1km / 1mile.



Running Index gives information about the runner's aerobic fitness and running economy based on heart rate and speed data. Improvement in running efficiency indicates improved economy of running performance.



Accurate running speed/pace and distance information can be viewed in kilometers or miles, along with total trip distance.



Shows and records altitude information.



Two-way infrared data communication between Polar products and your PC.



Use Polar WebLink software to transfer exercise data from your compatible Polar product to polarpersonaltrainer.com for further analysis and storage.



Use Polar WebSync software to transfer exercise data from your compatible Polar product to polarpersonaltrainer.com for further analysis and storage.



Plan your training on a computer with Polar ProTrainer 5 – the most advanced training and planning software on the market and transfer the training plan to your Polar product.



With 24/7 activity monitoring, all your active motions are registered, and graphically displayed.

FEATURE LIST

FITNESS & CROSS-TRAINING

	FT80	FT60	FT40	FT7	FT4	FT2	FT1	FA20
Body measurement features								
Automatic age-based target zone	bpm/%	bpm/%			bpm/%	bpm		
Heart rate	bpm/%	bpm/%	bpm/%	bpm/%	bpm/%	bpm	bpm	
Heart rate-based target zones with visual and audible alarm	•	•	•	•	•	•	•	
Manual target zone	bpm/%	bpm/%	bpm (upper limit)	bpm (upper limit)	bpm/%	bpm	bpm	
Polar EnergyPointer			•	•				
Polar Fitness Test	•	•	•					
Polar OwnCal® – calorie expenditure	•	•	•	•	•			
Polar OwnCode® – coded transmission	5kHz	5kHz	5kHz	5kHz	5kHz	5kHz	5kHz	
Polar OwnRelax® – relaxation test	•							
Polar OwnZone® – personal heart rate zone	•	•						
Polar STAR Training Program	•	•						
Polar Strength Training Guidance	•							
Training features								
Graphical target zone indicator	•	•	•	•	•			
HeartTouch – button-free operation	•	•	•	•	•	•	•	
ZoneLock	•	•	•	•				
ZonePointer	•	•	•	•				
Recording features								
Total training summary	•	•	•	•	•			
Training files (with summaries)	100	100	50	99	10	1	1	100
Weekly history	•	•	•	•				
GPS sensor features								
Distance	•	•						
Speed/Pace	•	•						
Footpod features								
Distance	•	•						
Speed/Pace	•	•						
Data transfer								
Compatible with Mac (Intel-based)	•	optional ¹⁾	optional ¹⁾	optional ¹⁾				optional ¹⁾
Compatible with polarpersonaltrainer.com	•	optional ¹⁾	optional ¹⁾	optional ¹⁾				optional ¹⁾
Watch features								
Date and weekday indicator	•	•	•	•	•	•	•	•
Display text	ENG/GER /FRA/SPA /POR/ITA / FIN	ENG/GER /FRA/SPA /POR/ITA / FIN	ENG/GER /SPA/ITA	ENG/GER /FRA/SPA /POR/ITA /FIN/SWE	ENG/GER /FRA/SPA /POR/ITA /FIN/SWE	ENG	ENG	ENG/GER /SPA/ITA
StopWatch	•							
Time of day (12/24h)	•	•	•	•	•	•	•	•
User replaceable battery	•	•	•	•	•			•
Water resistant	50m	30m	30m	30m	30m	30m	30m	30m

¹⁾ requires FlowLink®

ABBREVIATIONS USED ON THESE PAGES

bpm = beats per minute; % = percentage of maximum heart rate; %HRR = percentage of heart rate reserve;
W.I.N.D. = Wireless Integrated Network Device, using 2.4 GHz transmission technology proprietary to Polar

COMPLETE FEATURE LISTS CAN BE FOUND AT WWW.POLARUSA.COM

FEATURE LIST

CYCLING

	CS600X	CS500	CS400	CS300	CS200cad	CS100
Body measurement features						
Automatic age-based target zone	bpm/%/ %HRR	bpm/%	bpm/%	bpm/%	bpm/%	bpm/%
Heart rate	bpm/%/ %HRR	bpm/%	bpm/%	bpm/%	bpm/%	bpm/%
Heart rate-based target zones with visual and audible alarm	•	•	•	•	•	•
Manual target zone	bpm/%/ %HRR	bpm/%	bpm/%	bpm/%	bpm/%	bpm/%
Polar Fitness Test	•		•	•		
Polar OwnCal® – calorie expenditure	•	•			•	•
Polar OwnCode® – coded transmission	W.I.N.D.	W.I.N.D.	5kHz	5kHz	5kHz	5kHz
Polar OwnOptimizer – personal training status	•					
Polar OwnZone® – personal heart rate zone	•	•	•	•	•	•
Polar sport zones	•		•			
Training features						
Graphical target zone indicator	•	•	•			
HeartTouch – button-free operation				•		
Number of laps	99	99	99	99	50	50
Reminders – calorie expenditure, distance or time based		•				
ZoneLock	•		•			
ZonePointer	•	•	•	•	•	•
Recording features						
R-R Recording	•					
Total training summary	•	•	•	•	•	•
Training files (with summaries)	99	14	99	14	7	1
Weekly history	•		•	•	•	
Altimeter and barometer features						
Altitude, ascent and descent	•	•	•			
Temperature	•	•	•			
Cadence sensor features						
Cadence	•	•	•	•	•	•
Cycling Limits	•		•			
Speed sensor features						
Auto start/stop	•	•	•	•	•	•
Cycling Limits	•		•			
Distance	•	•	•	•	•	•
Incline measurement	•	•	•			
Speed	•	•	•	•	•	•
SpeedPointer	•		•		•	•
GPS sensor features						
Cycling Limits	•					
Distance	•					
Route mapping with ProTrainer 5 software	•					
Speed	•					
SpeedPointer	•					
Power output sensor features						
Cadence	•	•				
Cycling Efficiency Index	•					
Cycling Limits	•					
Left/right balance	•					
Pedaling index	•					
Power	•	•				
Data transfer						
Compatible with Mac (Intel-based)		optional ²⁾				
Compatible with Polar ProTrainer 5 software	•		•			
Compatible with polarpersonaltrainer.com	•	optional ²⁾	optional ³⁾	optional ⁴⁾	optional ⁴⁾	
Edit wrist unit settings with Polar UpLink Tool				optional	optional	optional
Watch features						
Date and weekday indicator	•	•	•	•	•	•
	ENG/GER		ENG/GER	ENG/GER		
Display text	/FRA/SPA	ENG	/FRA/SPA	/FRA/SPA	ENG	ENG
	/ITA		/ITA	/ITA		
Time of day (12/24h)	•	•	•	•	•	•
User replaceable battery	•	•	•		•	•
Water resistant	splash proof	splash proof	splash proof	50m	splash proof	splash proof

²⁾ requires DataLink
³⁾ requires IrDA USB Adapter
⁴⁾ requires microphone

FEATURE LIST

RUNNING & MULTISPORT

	RS800CX	RS400	RS300X	RS100
Body measurement features				
Automatic age-based target zone	bpm/%/%HRR	bpm/%	bpm/%	bpm/%
Heart rate	bpm/%/%HRR	bpm/%	bpm/%	bpm/%
Heart rate-based target zones with visual and audible alarm	•	•	•	•
Manual target zone	bpm/%/%HRR	bpm/%	bpm/%	bpm/%
Polar Fitness Test	•	•	•	
Polar OwnCal® – calorie expenditure	•	•	•	•
Polar OwnCode® – coded transmission	W.I.N.D.	5kHz	5kHz	5kHz
Polar OwnOptimizer – personal training status	•	•		
Polar OwnZone® – personal heart rate zone	•	•	•	•
Polar sport zones	•	•	•	
Training features				
Graphical target zone indicator	•	•	•	
HeartTouch – button-free operation		•	•	•
Number of laps	99	99	99	99
Time and distance-based interval timers	•	•	•	
ZoneLock	•	•	•	
ZonePointer	•	•	•	
Recording features				
R-R Recording	•			
Total training summary	•	•	•	•
Training files (with summaries)	99	99	16	1
Weekly history	•	•	•	
Altimeter and barometer features				
Altitude, ascent and descent	•			
Temperature	•			
Cadence sensor features				
Cadence	•			
Cycling Limits	•			
Speed sensor features				
Auto start/stop	•			
Cycling Limits	•			
Distance	•			
Incline measurement	•			
Speed	•			
SpeedPointer	•			
GPS sensor features				
Cycling Limits	•			
Distance	•		•	
Route mapping with ProTrainer 5 software	•			
Speed/Pace	•		•	
SpeedPointer	•			
Footpod features				
Average stride length	•			
Running cadence	•			
Distance	•	•	•	
Running Index	•	•	•	
Speed/Pace	•	•	•	
Data transfer				
Compatible with Mac (Intel-based)			optional ¹⁾	
Compatible with Polar ProTrainer 5 software	•	•		
Compatible with polarpersonaltrainer.com	•	optional ³⁾	optional ¹⁾	
Edit wrist unit settings with Polar UpLink Tool				optional
Watch features				
Date and weekday indicator	•	•	•	•
	ENG/GER	ENG/GER	ENG/GER	
Display text	/FRA/SPA	/FRA/SPA	/FRA/SPA	ENG
	/ITA			
Time of day (12/24h)	•	•	•	•
User replaceable battery	•	•	•	
Water resistant	50m	50m	50m	50m

¹⁾ requires FlowLink®
³⁾ requires IrDA USB Adapter

ABBREVIATIONS USED ON THIS PAGE
bpm = beats per minute; % = percentage of maximum heart rate; %HRR = percentage of heart rate reserve;
W.I.N.D. = Wireless Integrated Network Device, using 2.4 GHz transmission technology proprietary to Polar
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SERVICE CENTERS

MICHIGAN

Creative Health Products
Service Center
7621 East Joy Road
Ann Arbor, MI 48105
Attn: Technical Service
(800) 287-5901 (tel)
(734) 996-4650 (fax)
polarservicecenter.com

WASHINGTON

Eastside Watch Repair
E.S.W
P.O Box 8004
Mill Creek, WA 98082
(425) 641-7978
www.polarrepair.com

TEXAS

Citizen Watch Repair
Dallas Service Center
800 E. Campbell Road
Suite 371
Richardson, TX 75081
(972) 234-4900 (tel)
(972) 234-4901 (fax)
www.polardallas.com

CALIFORNIA

Time-Tec Watch Svc
635 S. Hill Street
Suite 209
Los Angeles, CA 90014
(213) 488-9222 (tel)
(213) 488-9221 (fax)
(888) 448-TIME (toll free)
www.Time-Tec.com

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11501 S. Dixie Hwy
Pinecrest, FL 33156
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(305) 252-1124(fax)

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