



TORQUEUSA

OUR STORY

Torque Fitness started in 2005 as a group of entrepreneurs, engineers, and fitness enthusiasts. Together, they had a vision to build a company known for creating the most innovative functional training equipment available. As one of the first to create circuit training equipment for a group environment, Torque's heritage is grounded in functional fitness. Fast forward 16 years, Torque continues to lead as innovators of functional fitness while staying relevant to the evolution of the fitness industry.

"Torque Fitness has been nothing short of exceptional. The entire Torque Fitness company has treated me like family and has made everything extremely easy. Torque Fitness shares the same values of business as BLUSH, so when I send my franchisees to them, I know they'll be taken care of. Highly recommend!"

Max Gellert, BLUSH Bootcamp

WHY TORQUE?



SERVING THE PLANET'S MOST ELITE CLUBS

From Lifetime Fitness, to Anytime Fitness, and a long list of professional athletic teams, we have built numerous long-standing relationships with the world's most elite fitness facilities. Whether you run a U.S. national chain or a small studio in any corner of the world, Torque has a proven record of effectively serving facilities everywhere.



ONE VENDOR SOLUTION

Whether you are opening a brand new facility or converting a small racquetball court, our team will take care of you from start to finish. From X-RACK, X-CREATE to X-DESIGN, Torque provides a one stop shop for fitness facilities seeking a transformation.



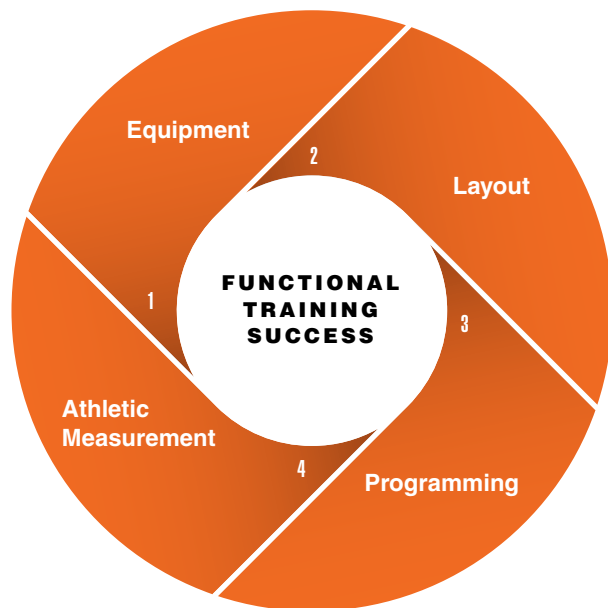
QUICK LEAD TIMES

We know that meeting deadlines are an imperative part of the industry. That is why we work diligently to get orders out as quickly as possible and can generally estimate orders well under the industry standard.



TORQUE FUSION™

Torque Fusion™ is the Four Key Elements that create Functional Training success for commercial fitness facilities. From decades of experience in the fitness industry and as one of the pioneers in Functional Training, we know that Functional Training success goes far beyond just having the right equipment. That is why it is our mission to deliver the Four Key Elements of Functional Training to every club owner.



What does it really take to create the ultimate functional training experience for your members?

FOUR KEY ELEMENTS Of Functional Training Success

THE RIGHT *EQUIPMENT*

Are you providing the right mix of equipment for your customer base and desired training style? Our expert staff helps our customers determine the product for their facility that will save them the most space and money while providing the training options that their members want.

THE RIGHT *LAYOUT*

Our in-house design services ensure that the overall layout of our customer's facility is as intuitive as the equipment it houses. Whether you're starting a new club or are looking to refresh your current space, our X-DESIGN Team will create the most functional space possible for your needs and wants.

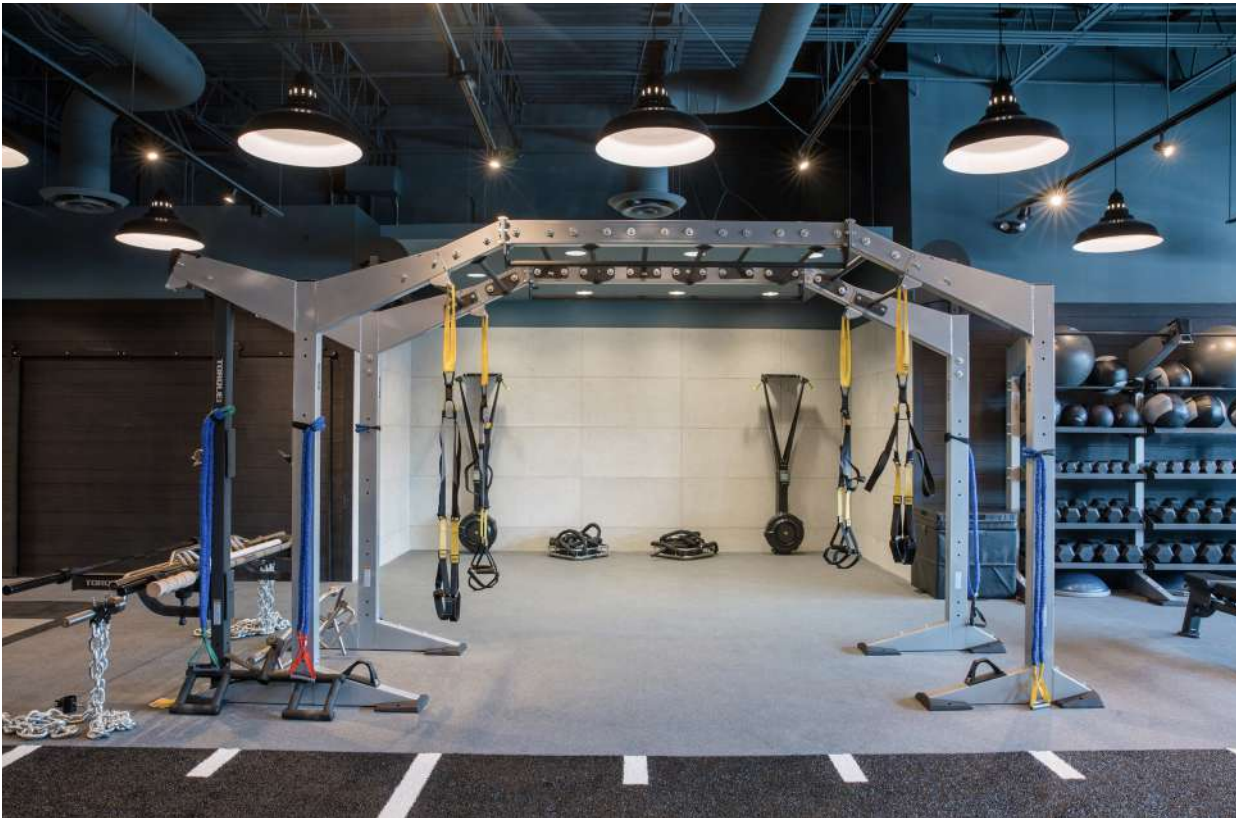
THE RIGHT *PROGRAMMING*

Torque equipment fuses effortlessly with a multitude of industry leaders and fitness programs to deliver a seamless fitness solution for group and personal training within facilities.

THE RIGHT *ATHLETIC MEASUREMENT*

Build SMART goals and track your progress with Torque's functional training equipment. Add an industry wearable to the mix to stay connected and track progress with ease.





X-CREATE bridge and wall-lining systems shown above

X-CREATE

COMPLETE ACCESSORY STORAGE

From stability balls, kettle bells, dumbbells, and beyond, the X-CREATE was made specifically to house all your functional training accessories that previously had nowhere to live in a functional space.

MAXIMIZE FLOOR SPACE

The X-CREATE was designed with real estate in mind. 3ft functional upright bases maximize floor space needed to create the ultimate training apparatus. Durability is not forgotten either, each upright is built with an all-welded steel frame and bolt patterns for floor mounting are located front and back.

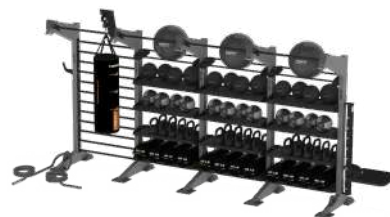
SUSPENSION MEETS STORAGE

X-CREATE is the ideal system for facilities looking to deliver a variety of training options while also keeping their accessories and equipment organized. With over twenty attachments to choose from, the possibilities are endless.

A SYSTEM FOR EVERY FACILITY

The X-CREATE is available in a center, wall, or bridge space configuration. Whether you are looking to train a large group or simply store accessories, there is an X-CREATE system for you.

A free-standing functional training system, the X-CREATE is available as an anchored or non-anchored solution.



Wall



Bridge



Center



STORAGE & TRAINING WITH X-SELECT

The **3-Module X-SELECT Wall - X1 Package** has 2 built-in cable component stations users can perform a wide variety of exercises independently or the stations can be combined for use as a dual adjustable pulley system.

The system is designed to be situated against a wall with storage for accessories in the middle. The center module also has a pull-up bar and two anchors for suspension training.



Front

Pack ample cable training options in the smallest footprint possible with an **X-SELECT Pod**

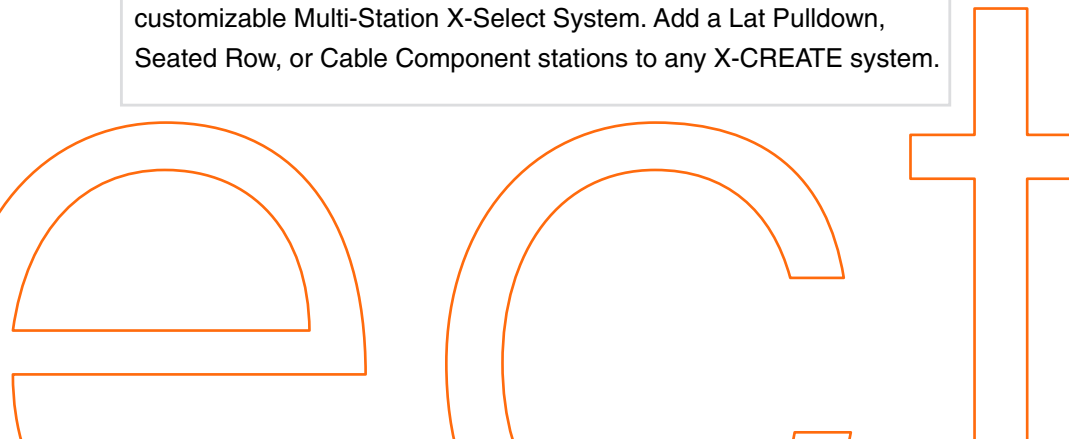
Back



Combining the Functional Storage of X-CREATE with our Cable Technology



Bridge the gap between function and traditional fitness with the customizable Multi-Station X-Select System. Add a Lat Pulldown, Seated Row, or Cable Component stations to any X-CREATE system.





RIGS AND RACKS

MERGE FUNCTIONAL AND STRENGTH

Combine, build & train with quality. The X-RACK is designed to elevate training zones with multi-station training – joining racks, cable units, and cross-training stations. Rigs & racks are fully customizable solutions used to meet the needs of modern training facilities. Custom heights, lengths, depths, colors and accessories offer limitless options for functional, strength & cross-training.

COMPLETELY CUSTOMIZABLE

X-RACK is a feature packed rack system designed from the ground up to offer customization to meet the needs of modern training facilities.

Multiple heights, lengths, depths, and colors offer a limitless number of options for your training space.

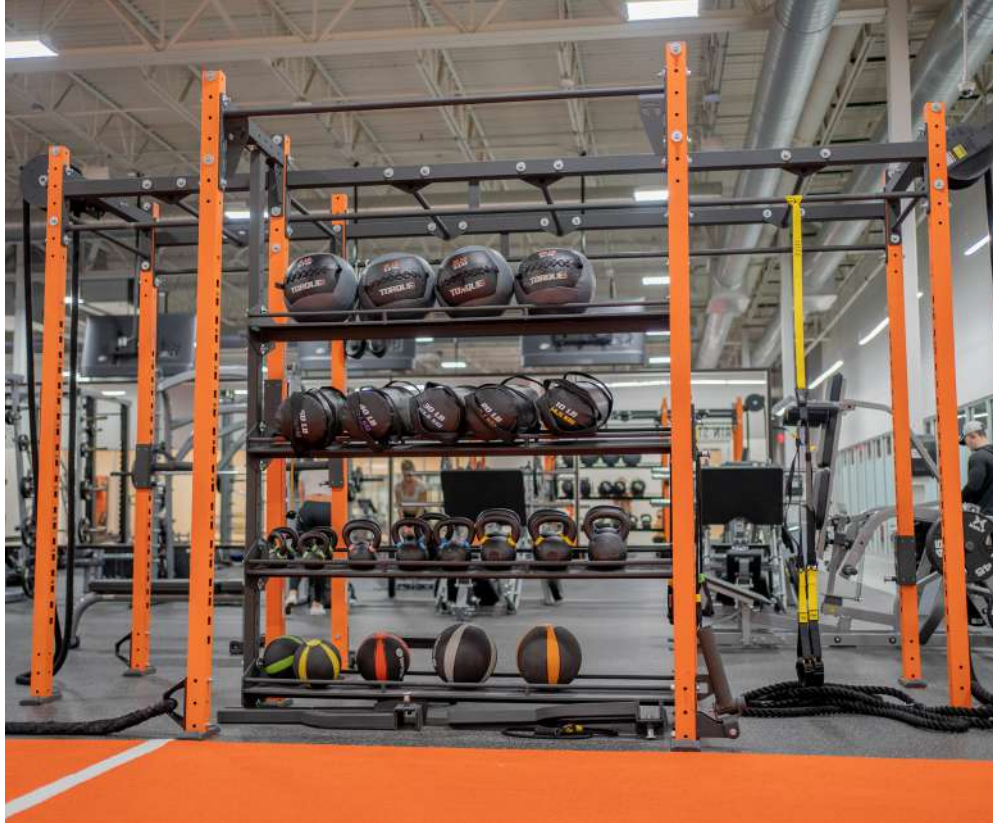
FREE-STANDING OPTIONS

Get the limitless customization of an X-RACK with our X-SIEGE line. Lower frame supports and frame gussets create one totally functional, free standing option.

GO FROM A SIMPLE HALF CAGE TO A POWER CAGE TO A CUSTOM OLYMPIC RIG

Complete your system with commercial grade platforms, inserts, bars & plates.







RELENTLESS ROPE

A force to be reckoned with. Crafted for unlimited performance, Torque's Relentless Rope Trainer uses innovative Mag-Force Technology™ to enable competitive bi-directional movements, promising a limitless rope trainer challenge. Fabricated for functionality and durability, the Relentless Rope is three-strand twisted and wrapped around pivoting, adjustable rollers to ensure practical performance.

X-CREATE



X-RACK



Pair Your Relentless Rope Trainer
With These Systems and More

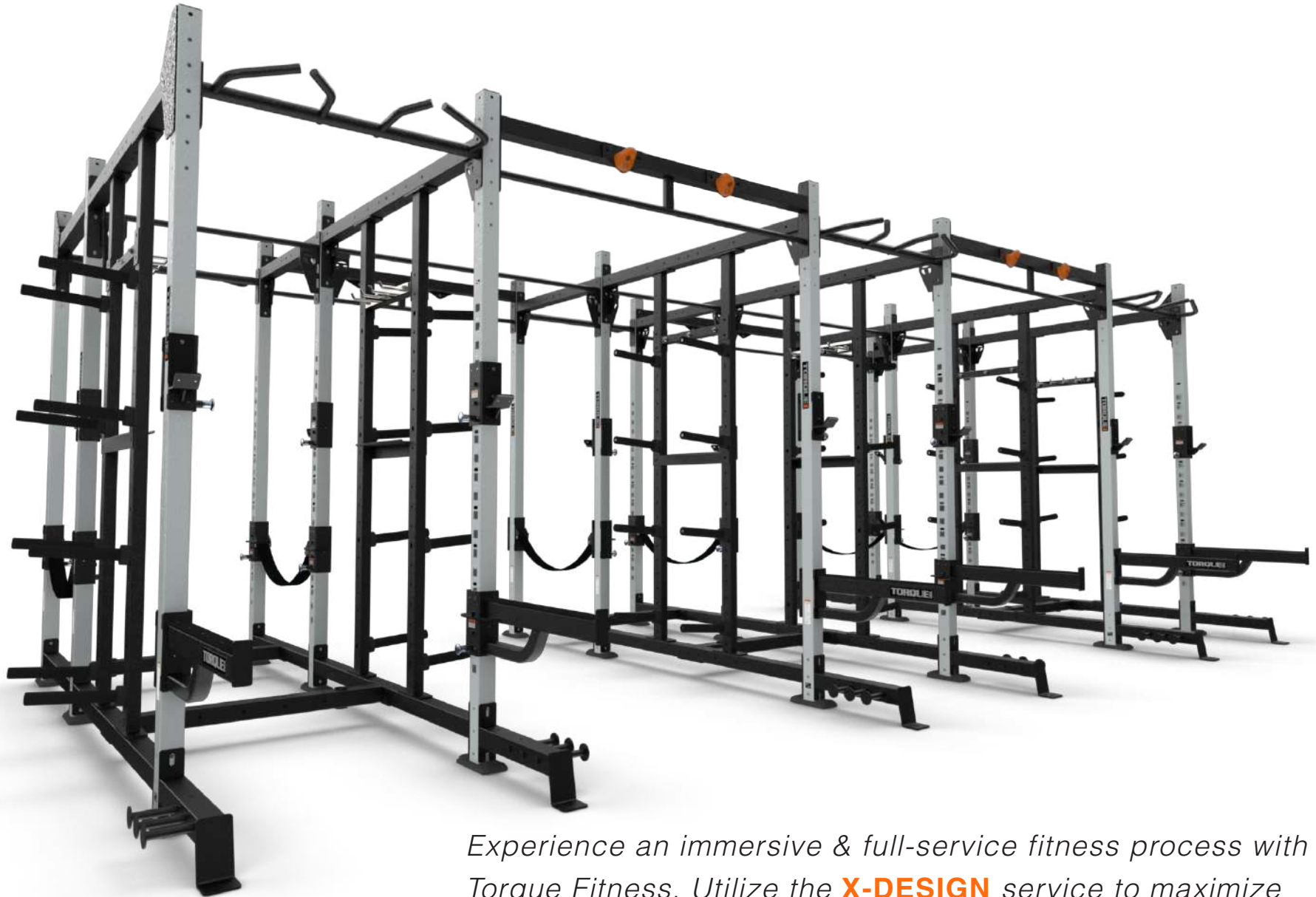
Cages



X-LAB



DESIGNING & DEVELOPING THE MOST FUNCTIONAL FITNESS FACILITIES



*Experience an immersive & full-service fitness process with Torque Fitness. Utilize the **X-DESIGN** service to maximize the potential of emerging and evolving fitness facilities.*



FACILITY SHOWN:
Training Haus | Eagan, MN

ELEVATE YOUR FACILITY WITH
DURABLE, DYNAMIC AND DIVERSE
FUNCTIONAL ACCESSORIES.



ACE



Wall Balls

Accessories so durable
they live up to our tag line,

DON'T QUIT. EVER.™

From ease of purchase to details
in design that keep users coming
back for the next workout, we
have carefully designed our
accessories to be the ultimate
commercial grade solution.



Torpedo Bags

PREMIUM ACCESSORIES FOR **ULTIMATE GROUP FUNCTIONAL TRAINING**



7ft Force Premium Bar



6ft Force Premium Bar



7ft Revolution Bar



6ft Revolution Bar



5ft Revolution Bar



Energy EZ Curl Bar

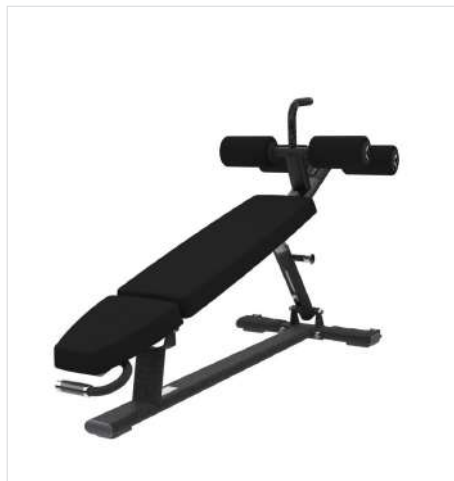
ACCESSORIES & STORAGE



Flat-Incline Bench

SKU: XFIB

Dimensions: 59.1" x 27.0" x 18.0"
(150 cm x 69 cm x 46 cm)



Adjustable Abdominal Bench

SKU: XAAB

Dimensions: 69.7" x 25.1" x 46.8"
(177 cm x 64 cm x 119 cm)



Back Extension Bench

SKU: XBEB

Dimensions: 59.1" x 27.5" x 32.5"
(150 cm x 70 cm x 83 cm)



Glute Ham Developer

SKU: XGHD

Dimensions: 60.3" x 37.6" x 42.5"
(153 cm x 96 cm x 108 cm)



Plyoprotect 12"

SKU: XPP-12

Dimensions: 18 x 18 x 12 in
(457 x 457 x 305 mm)



Plyoprotect 18"

SKU: XPP-18

Dimensions: 18 x 18 x 18 in
(457 x 457 x 457 mm)



Plyostack 6" - 24"

SKU: XPSSI-6-24

Dimensions: 28.0" x 28.0" x 62.0"
(71 cm x 71 cm x 158 cm)



Tripleplyo™ 20-24-30

SKU: XTPI-20-24-30

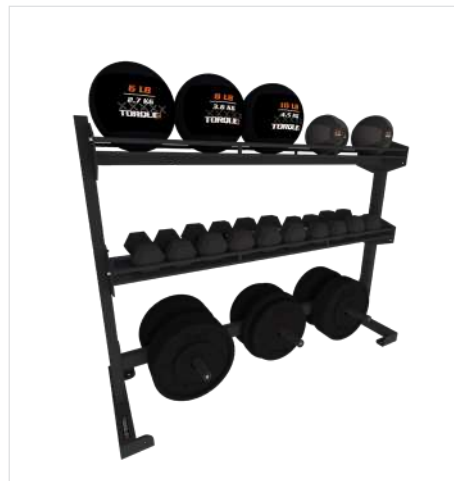
Dimensions: 20.0" x 24.0" x 30.0"
(51 cm x 61 cm x 76 cm)



4 Ft (1.2 M) Universal Storage Rack

SKU: XC4USR-05

Dimensions: 54.2" x 23.6" x 48.0 (138 cm x 60 cm x 122 cm) (6 ft. & 8 ft. options)



6 Ft (1.8 M) Universal Storage Rack

SKU: X6USR

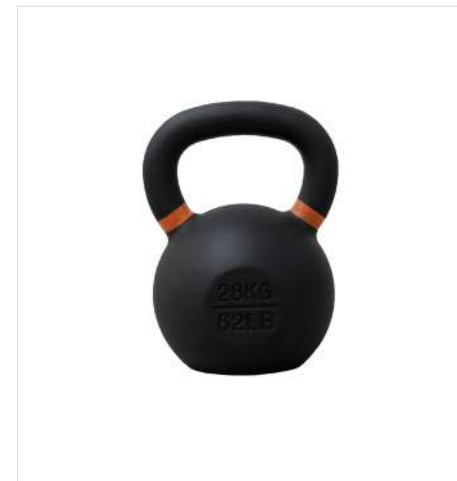
Dimensions: 77.9" x 24.0" x 59.0" (198 cm x 61 cm x 150 cm)



Rubber Hexagon Dumbbells

SKU: DBRH

Weight: Various weight from 5LB/2.3KG - 100LB/45.3KG



Cast Iron Kettlebells

SKU: KBTC

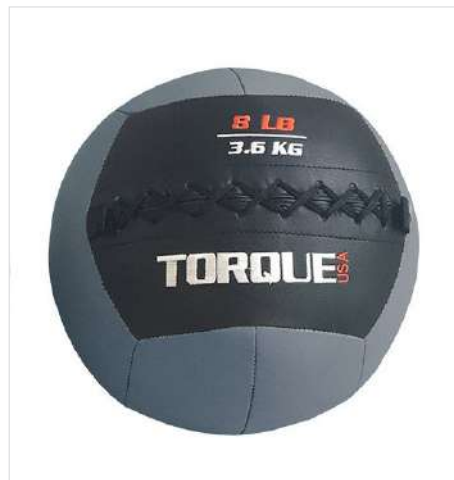
Weight: Various weight from 9LB/4KG - 88LB/40KG



Slam Balls

SKU: SBT

Weight: Various weight from 10LB/4.5KG - 45LB/20.5KG



Wall Balls

SKU: WBT

Weight: Various weight from 6LB/2.7KG - 20LB/9.1KG



Medicine Balls

SKU: MBT

Weight: Various weight from 4LB/1.8KG - 12LB/5.5KG



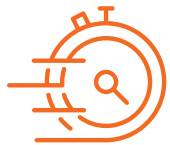
Torpedo Bags

SKU: CBT

Weight: Various weight from 10LB/4.5KG - 50LB/22.7KG

THE ULTIMATE TRAINING EXPERIENCE

A dynamic all-surface push sled engineered to intensify multiple varieties of training with Mag-Force Technology™, a remarkably engineered magnetic braking system developed by Torque Fitness. Originally released in the early 2000s, the TANK™ has evolved into a multi-model product suitable for any fitness ability and training scenario with diverse resistance levels, bi-directional wheels, extensive features and accessories. The TANK™ is currently available in three models; M1, M4 & MX. Each TANK™ is crafted with fundamental features like the magnetic braking system, highly-durable materials and wheels, and a technology to deliver a harder intensity the faster a TANK™ is pushed. The TANK™ delivers limitless force and benefit to facilities orchestrating group, individual & personal training.



BUILD SPEED

Thanks to TANK™'s Power Curve, the faster you push it, the harder it goes. When athletes train in TANK™'s lowest resistance, they enhance their speed.



FULL BODY WORKOUT

A TANK™ workout requires athletes to engage all areas of their bodies, creating efficient and effective aerobic and strength exercises.



INCREASE EXPLOSIVE POWER

A challenge at every level. Each TANK™ model delivers three levels of resistance, elevating difficulty as resistance level and speed increase. The TANK™ MX is optimized with MX Mode which adds an additional 25% resistance to challenge even the most explosive athletes.



PREVENT INJURY

By ramping up to explosive functional power through TANK™'s gradual progression, athletes gain the physical benefits without the stress and strain of traditional training.



ENHANCE ACCELERATION

Increasing resistance to Level Two develops a challenge for athletes to build acceleration by escalating acceleration power and stride frequency.



EXTREME INTERVAL TRAINING

By adjusting the resistance level to various intensities, users can perform bursts of acceleration and speed, diversifying the intensity in different runs or within the same set.

“

I can't think of one facility that would not benefit from a TANK. In its own name, it says it all. No matter what a facility is dealing with from a flooring standpoint; whether its wood, Mondo, grass outside, the thing works flawlessly. Our trainers use the TANK outdoors as a tool to rapidly engage multiple people. It's a total body exercise.

– Pat Regan, VP of Procurement for Lifetime Fitness

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DESIGNED FOR OPTIMAL GROUP TRAINING



GENTLE ON ANY SURFACE

Because TANK™'s wheels are gentle on any surface, a TANK™ workout can happen anywhere —inside the gym, in the hallways of your facility, outside on the field, or in the parking lot.



DESIGNED FOR ATHLETE SAFETY

We know athlete safety and injury prevention are top of mind for trainers and coaches. That is why TANK™ is designed with adjustable resistance to be decreased instantly to a safer level, as needed.



ENDLESS TRAINING POSSIBILITIES

Use the tow hooks for rope pulls, pulling, sprint training, and more. Resistance is supplied in both directions eliminating the need to turn the TANK™ around. This narrows the amount of space needed for your “TANK™ ZONE.”



AN EFFICIENT TRAINING SOLUTION

Increase efficiency and effectiveness with the TANK™ Group Anchor Station, a dynamic solution to move training equipment to any location, both indoors and out. The station detaches from the TANK™ to become an anchor for battle ropes, resistance bands, and other functional accessories. Various resistance levels make the TANK™ a unique solution to training multiple fitness levels at one time by increasing and decreasing resistance levels on the fly.

EXPAND TRAINING POSSIBILITIES

WITH ACCESSORIES DESIGNED FOR TANK™ TRAINING



V-STRAP



SPRINT HARNESS



TOW ROPE



DRAWSTRING BAG



WEIGHT HORN

PUSH



PULL



TOW

GET STARTED ON YOUR FUNCTIONAL TRAINING CONSULTATION

Our team is ready
to help you create
your ultimate group
training experience!

Connect with our team today!

X-DESIGN
FUNCTIONAL SPACE SOLUTIONS



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