


S Y M B I O TM



FITNESS REIMAGINED

LifeFitness



S Y M B I O™

The most innovative, immersive fitness equipment available, and a new benchmark in premium cardio. Symbio™ fuses body and machine in seamless motion with engaging personalization, advanced biomechanics and meticulous, purposeful design. The Symbio product series transcends the workout to deliver the ultimate sensory fitness experience.

PERSONALIZED, IMMERSIVE EXPERIENCES

On-demand coaching, branded content and streaming entertainment create compelling, personal fitness journeys.

ADVANCED BIOMECHANICAL ENGINEERING

Cutting-edge biomechanics are the backbone of Symbio. Inspired by decades of motion research, the series offers unmatched ergonomics, comfort and performance.

METICULOUS, PURPOSEFUL DESIGN

Inspired performance demands inspired design. Clean simple forms and purposeful detailing create an elegant and timeless design that delivers both perfect form and function.

LifeFitness

SYMBIO RUNNER™

Symbio Runner™ sets new standards in biomechanics and design, key features include: Adaptive Flex Deck®, Interactive Terrains, and Advanced Performance Metrics.

PERSONALIZED PROGRESSION WITH ADVANCED PERFORMANCE METRICS

Each runner is unique. Our precision real-time sensors capture every footfall to provide advanced performance metrics, gait analysis and coaching.

AN IMMERSIVE, SENSORY WORKOUT WITH ADAPTIVE FLEX DECK

Deck firmness is easily adjustable with the patented Adaptive Flex Deck. Softer settings allow for more shock absorption and lower impact. Firmer settings offer higher performance and more responsiveness.

CONTEMPORARY DESIGN, DRIVEN BY PURPOSE.

Details matter: Continuous forms, premium materials and precision craftsmanship make this our most attractive treadmill ever.



RUNNING REIMAGINED

Life Fitness

SYMBIO RUNNER™

SPECIFICATIONS

SPEED	0.5 - 16 MPH 0.8 - 25.7 KM/H
INCLINE	0 – 15%
SURFACE	ELECTRONICALLY ADJUSTABLE WITH 5 SETTINGS AND AUTO-TERRAIN MODE
RUNNING AREA	60" L x 22" W 152 cm L x 56 cm W
DRIVE MOTOR	ECO-LIFE: HIGH-EFFICIENCY MOTOR
INCLINE MOTOR	HIGH PERFORMANCE MOTOR FOR QUICK CHANGES AND HIIT TRAINING
QUICK KEYS	ONE-TOUCH LCD CONTROL PAD WITH PERSONALIZABLE QUICK KEYS, 3" x 8" 7.6 cm x 20.3 cm
SMART LIGHTING™	RUNNING BOARDS, KEYPADS, LF EMBLEM, AND CONSOLE
LIGHTING COLORS	16 COLORS; 3 BRIGHTNESS LEVELS
RUNNING METRICS	CADENCE, STRIDE LENGTH, LEFT/RIGHT BALANCE, FLIGHT TIME, GROUND CONTACT TIME
MOBILITY	MOBILITY WHEEL INCLUDED
CHARGING	QI WIRELESS INDUCTION CHARGING
CONSOLE	24" 61 cm SCREEN, 1080p HD, AIT TECHNOLOGY
WIRELESS COMMUNICATION	BLUETOOTH® 5.0, APPLE® WATCH, SAMSUNG GALAXY WATCH®, ANT+, WI-FI®, NFC, RFID (optional)
LIFE FITNESS™ ON DEMAND+	OVER 500 CLASSES AND COURSES FOR THE SYMBIO FAMILY OF PRODUCTS
GUIDANCE	SPECIFIC SYMBIO TRAINER LED VIDEOS THAT GUIDE YOU THROUGH NEW FEATURES AND TECHNOLOGY
MAX USER WEIGHT	400 LBS 181 KG
DIMENSIONS	85" L x 36.5" W x 66" H 216 cm L x 93 cm W x 167 cm H
WARRANTY	3-YEAR PARTS AND LABOR



SYMBIO SWITCH CYCLE™

Symbio SwitchCycle™ is a best-in-class upright and indoor cycling hybrid, with 100 resistance levels, Virtual Terrains, and on-demand content from the innovators of the LifeCycle, the world's first exercise bikes, more than five decades ago.

THE MOST IMMERSIVE CYCLING EXPERIENCE CONTROLLED BY YOU

Lose yourself in your workout with an intuitive 24" console delivering on-demand coaching, 100 levels of resistance and Advanced Performance Metrics.

INNOVATING INDOOR CYCLING, ALL OVER AGAIN

An innovative upright bike featuring performance ergonomics and premium comfort with greater adjustability and the ability to ride in and out-of-saddle.

INSPIRED PURPOSEFUL DESIGN FOR PREMIUM RIDE AND PERFORMANCE

Timeless, elegant design aesthetics, stunning continuous forms and premium materials join innovative features and engineering to deliver the ultimate indoor cycling experience.



CYCLING | REIMAGINED

LifeFitness

SPECIFICATIONS

RIDING VARIETY	BOTH IN-SADDLE AND OUT OF SADDLE RIDING
HANDLEBARS	FORE / AFT HANDLEBAR AND CONSOLE ADJUSTMENTS WITH SENSORS
PEDALS	DUAL PERFORMANCE. CAGES ON ONE-SIDE AND CLIP-INS ON THE OTHER SIDE
RESISTANCE LEVELS	100 RESISTANCE LEVELS
SEAT	COMFORT+ SEAT WITH DOUBLE STITCHED LUXURY VINYL
SMART LIGHTING™	MOTION RING, KEYPADS, LF EMBLEM, AND CONSOLE
LIGHTING COLORS	16 COLORS; 3 BRIGHTNESS LEVELS
MOBILITY	FRONT MOBILITY WHEELS INCLUDED
CHARGING	QI WIRELESS INDUCTION CHARGING
CONSOLE	24" 61 cm SCREEN, 1080p HD, AIT TECHNOLOGY
WIRELESS COMMUNICATION	BLUETOOTH® 5.0, APPLE® WATCH, SAMSUNG GALAXY WATCH®, ANT+, WI-FI®, NFC, RFID (optional)
LIFE FITNESS™ ON DEMAND+	OVER 500 CLASSES AND COURSES FOR THE SYMBIO FAMILY OF PRODUCTS
GUIDANCE	SPECIFIC SYMBIO TRAINER LED VIDEOS THAT GUIDE YOU THROUGH NEW FEATURES AND TECHNOLOGY
MAX USER WEIGHT	400 LBS 181 KG
DIMENSIONS	48" L X 24" W X 62" H 123 cm L x 61 cm W x 157 cm H
WARRANTY	3-YEAR PARTS AND LABOR



SYMBIO™

INCLINE ELLIPTICAL

Symbio™ Incline Elliptical featuring our signature Life Fitness ellipse throughout all incline levels for a more natural movement, muscle group targeting and on-demand content.

PERSONALIZED, IMMERSIVE EXPERIENCES

Lose yourself in your workout with an intuitive 24" console delivering interactive Muscle Map, on-demand coaching and streaming entertainment.

THE MOST BIOMECHANICALLY ADVANCED ELLIPTICAL AVAILABLE

Our patent pending incline mechanism creates and ellipse that emulates the body's natural running motion, taking performance to the next level.

AESTHETICS MEET ERGONOMICS FOR A TRULY PREMIUM FEEL

Premium aesthetics and ergonomic innovation ensure that Symbio Incline Elliptical both looks and feels better than any other.



ELLIPTICAL TRAINING REIMAGINED

Life Fitness

SPECIFICATIONS

ELLIPSE DESIGN	EMULATES RUNNING
MUSCLE TARGETING	INTERACTIVE MUSCLE MAP
INCLINE MOTORS	DUAL WHISPER QUIET ACTUATORS
INCLINE	15 INCLINE LEVELS
RESISTANCE	25 RESISTANCE LEVELS
MOVING HANDLES	MULTI-GRIP HANDLES W/ INTEGRATED RESISTANCE AND INCLINE CONTROL
STATIONARY HANDLES	MULTI-GRIP WITH PROGRAMMABLE RESISTANCE AND INCLINE
SMART LIGHTING™	CRANK RING, KEYPADS, LF EMBLEM, AND CONSOLE
LIGHTING COLORS	16 COLORS; 3 BRIGHTNESS LEVELS
PEDALS	PATENTED FLEXFORM PEDALS
MOBILITY	MOBILITY WHEEL INCLUDED
CHARGING	QI WIRELESS INDUCTION CHARGING
CONSOLE	24" 61 cm SCREEN, 1080p HD, AIT TECHNOLOGY
WIRELESS COMMUNICATION	BLUETOOTH® 5.0, APPLE® WATCH, SAMSUNG GALAXY WATCH®, ANT+, WI-FI®, NFC, RFID (optional)
LIFE FITNESS™ ON DEMAND+	OVER 500 CLASSES AND COURSES FOR THE SYMBIO FAMILY OF PRODUCTS
GUIDANCE	SPECIFIC SYMBIO TRAINER LED VIDEOS THAT GUIDE YOU THROUGH NEW FEATURES AND TECHNOLOGY
MAX USER WEIGHT	400 LBS 181 KG
DIMENSIONS	81.5" L X 37.3" W X 65" H 207 cm H x 95 cm W x 165 cm H
WARRANTY	3-YEAR PARTS AND LABOR



SYMBIO™

RECUMBENT CYCLE

Symbio™ Recumbent Cycle sets new standards in elite comfort and ergonomics with ultra-low step-through, and optimal pedal angle ensuring excellent accessibility, while Interactive Terrains, and on-demand content engage your exercisers.

PERSONALIZED, IMMERSIVE EXPERIENCES

Lose yourself in your workout with an intuitive 24" console delivering on-demand coaching, branded content and streaming entertainment.

ADVANCED BIOMECHANICS, PREMIUM COMFORT

Symbio Recumbent Cycle is true premium comfort, giving exercisers the freedom to train without limits.

INSPIRED AESTHETICS, EVEN MORE INSPIRED FEATURES

The premium feel, coupled with gas-assisted recline and pedals angled toward the user deliver an accessible, comfortable ride.



RIDING REIMAGINED

Life Fitness

SPECIFICATIONS

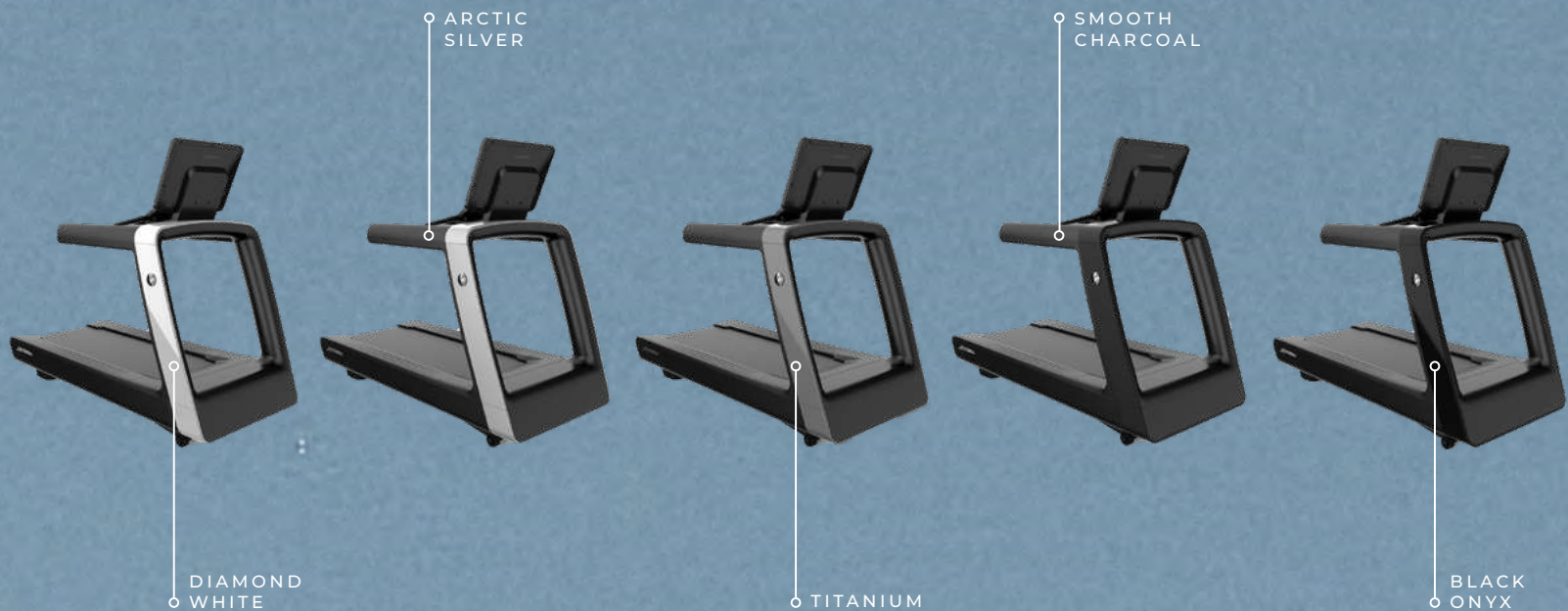
WALK THROUGH	STEP-THROUGH DESIGN WITH EASY HORIZONTAL SEAT ADJUSTMENT
HANDLEBARS	INCLUDES HANDLES FOR ENTRY / EGRESS AND DURING EXERCISE
PEDALS	PEDALS ANGLED TOWARD USER FOR EASE OF ENTRY
RESISTANCE LEVELS	25 RESISTANCE LEVELS
SEAT	COMFORT+ SEAT WITH DOUBLE STITCHED LUXURY VINYL AND GAS-ASSIST RECLINE
SMART LIGHTING™	CRANK RING, KEYPADS, LF EMBLEM, AND CONSOLE
LIGHTING COLORS	16 COLORS; 3 BRIGHTNESS LEVELS
MOBILITY	FRONT MOBILITY WHEELS INCLUDED
CHARGING	QI WIRELESS INDUCTION CHARGING
CONSOLE	24" 61 cm SCREEN, 1080p HD, AIT TECHNOLOGY
WIRELESS COMMUNICATION	BLUETOOTH® 5.0, APPLE® WATCH, SAMSUNG GALAXY WATCH®, ANT+, WI-FI®, NFC, RFID (optional)
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GUIDANCE	SPECIFIC SYMBIO TRAINER LED VIDEOS THAT GUIDE YOU THROUGH NEW FEATURES AND TECHNOLOGY
MAX USER WEIGHT	400 LBS 181 KG
DIMENSIONS	68" L X 29.5" W X 55" H 173 cm L x 75 cm W x 140 cm H
WARRANTY	3-YEAR PARTS AND LABOR



S Y M B I O™

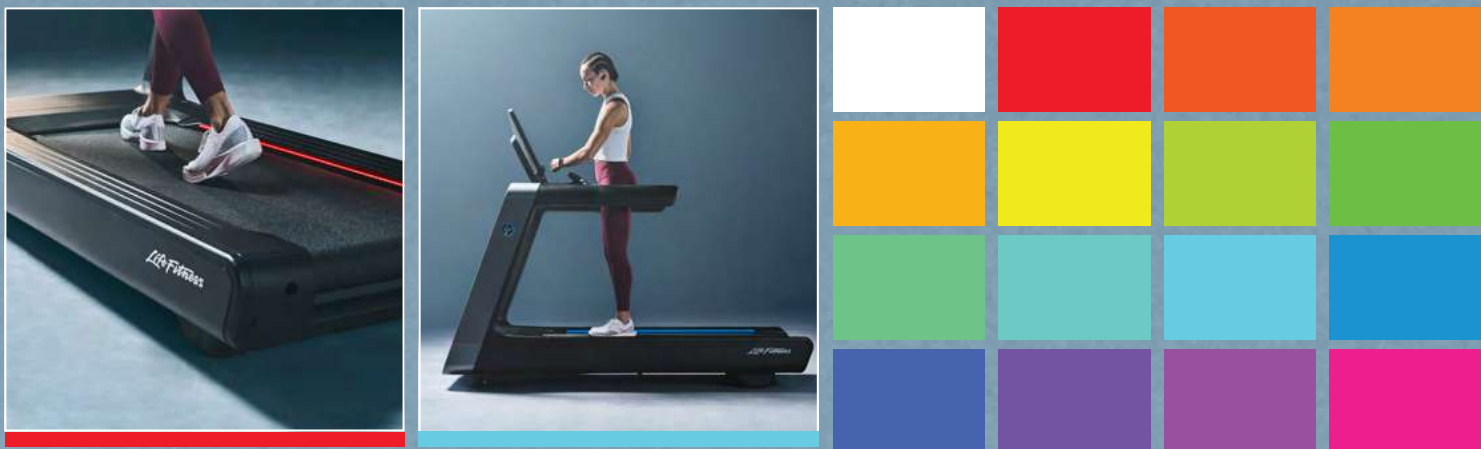
PERSONALIZATION

Choose from 5 material finishes to work with your facility aesthetics.



SYMBIO SMART LIGHTING™ IS CUSTOMIZABLE WITH 16 COLORS AND 3 BRIGHTNESS SETTINGS.

Having a wide range of color options available allows facilities to customize the products appearance, creating greater integration into the facility by working with customers branding and interior design.





CONTACT A REPRESENTATIVE TO DISCOVER MORE ABOUT SYMBIO

