PRAMA SOFTWARE.

TAKE FULL CONTROL OF THE INTERACTIVE FITNESS PLATFORM!

A new clear and attractive interface with enhanced workout modes tested by experts to provide you with the best experience and usability. You will find +500 exercises for all fitness levels. Each one comes with a step-by-step video demo.

MODES.

Choose your workout, choose how long, & you're ready!

Compete face-to-face with a partner & try to beat them!

Challenge users on a global scale from your local club.

FREE TRAINING

WORKOUT TOGETHER

CHALLENGES

MANUAL TRAINING

GROUP TRAINING

TESTS

Customise absolutely everything! Choose stations, change the music & lights.

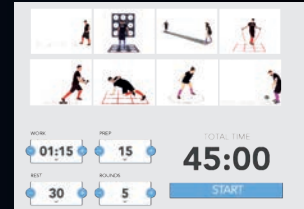Create a circuit training routine with your fitness group & enjoy it together.

Fitness tests. Users can see their results and their fitness improve over time.
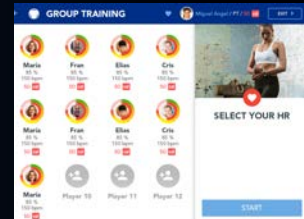
VIDEO DEMOS

Your users will never be lost again with the step-by-step guides.

LINK YOUR HEART RATE

PERSONALISE

Reflect your company's brand and update your users with upcoming events.
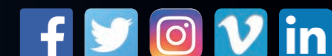
PRAMA CLOUD.

Why do it alone when you can get fit with friends?

PRAMA SW connects users, PTs, and clubs **around the world** creating a **FITNESS COMMUNITY** where they can share progress on social media, be motivated and challenged.

Also, users can check their own profile, their evolution and goals at home thanks to **PRAMA CLOUD**. The **PRAMA CLOUD** helps users, personal trainers, and gyms to store and synchronize all performance data.

PERSONAL TRAINER'S TOOL   USER'S TOOL

PRAMA.

THE INTERACTIVE FITNESS PLATFORM.

We help you.
We help you with the DESIGN.
We help you with the PLANNING,
the INSTALLATION, the MAINTENANCE.
We help you make PRAMA operational.

We TRAIN your trainers.
We train all your key personnel.
We make sure your goals are met.
We make sure you are SUCCESSFUL.
Unlock the full potential of PRAMA!

WWW.PAVIGYM.COM