



**ACTIVATED WORKPLACE
PORTFOLIO**



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JoinInMovement



InMovement



THE INMOVEMENT STORY

The human body was meant to move, but today's workplace has become so inactive that it's affecting our health. We don't have to take it sitting down. InMovement® is reinventing the way we work, to address the harmful effects of a sedentary day.

WHAT SITTING DOES TO THE BODY:



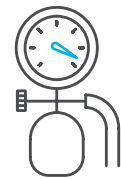
Calorie burning drops to 1 per minute as soon as you sit.



Electrical activity in the leg muscles shuts off as soon as you take a seat.



Sitting for long periods of time is linked to depressive symptoms.



Prolonged sitting leads to increased blood pressure and high blood sugar.

Our products are designed to blend movement with daily job function. InMovement offers a diverse portfolio of furnishings and accessories that create the Activated Workplace™.

By creating an environment that is default active, employees move more throughout the day and as a result are happier, healthier and more productive. We're reimagining the workday, reinventing corporate culture, and bringing movement back to work.

ACTIVATED WORKPLACE PORTFOLIO

InMovement products unite productivity with healthy behavior, in a way that supports workplace productivity and leads to greater overall health returns.

ELEVATE DESKTOP SERIES

Get the benefits of being on your feet with little to no setup



WALKING WORKPLACE SOLUTIONS

Work while walking on industry-leading commercial treadmill technology



INTEGRATE ACCESSORIES

Increase movement in your daily routine with hands-on and hands-free options



INMOVEMENT ELEVATE DESKTOP SERIES

ELEVATE THE
WAY YOU WORK



Adjustable-height desks are ideal for business professionals looking to improve their health and reduce prolonged sitting during the workday.

Standing during the workday decreases the health risks associated with a sedentary lifestyle, boosts metabolism, improves posture and relieves aches and pains. Standing at work has also been linked to increased productivity, creativity and encourages other healthy behaviors.

The InMovement Elevate Desktop™ Series accommodates a variety of working preferences with ergonomic solutions for laptops and desktops, as well as single and dual monitors.

ELEVATE DESKTOP DT1

DESIGNED FOR LAPTOPS

The InMovement Elevate DeskTop™ DT1 is a premium sit-to-stand workstation designed specifically for laptops.

The DT1 raises 20 inches, enabling quick mobility from a sitting to standing position. Rotate the DT1 360 degrees to share a screen with a co-worker or move it out of the way when not in use.

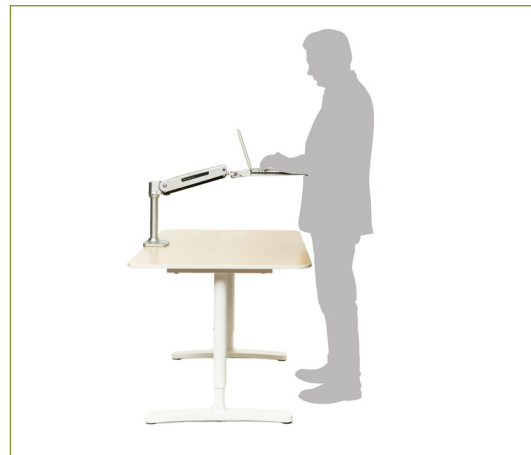
Two installation options make setup simple. Mount the workstation using the clamp or utilize the grommet option for a more permanent installation.

KEY FEATURES

- Silver matte finish complements any workspace
- 360 degree rotation

SPECIFICATIONS

- Work surface: 24" x 14"
- 20" of vertical travel
- Max weight capacity: 10 lbs.
- Weight: 18.4 lbs.
- Accommodates desks 0.78" - 2.56" thick
- Warranty: 5 yrs.





COLOR OPTIONS



ELEVATE DESKTOP DT2

SPACIOUS WORK SURFACE



The InMovement® Elevate DeskTop™ DT2 offers a spacious workstation capable of accommodating a second monitor. The DT2 comes assembled and ready for use. Simply set the DT2 on top of nearly any work surface to experience the benefits of standing while working.

Engineered with ergonomics in mind, the keyboard tray is lower than a traditional standing surface, improving posture and comfort. The keyboard tray is retractable, sliding out of the way when not in use.

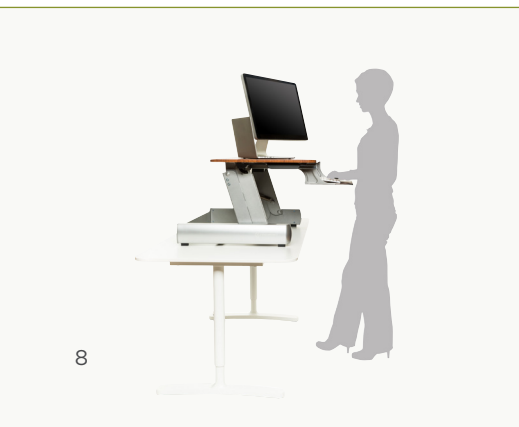
The DT2 is available in four high-end finishes to complement any workspace. Choose from dark wood grain, dark ash wood grain, light wood grain and white finish.

KEY FEATURES

- Assembled and ready to use
- Ten height options accommodate a wide range of users
- Spring-assisted lift makes it easy to adjust desktop height

SPECIFICATIONS

- Work surface: 41" x 22"
- Keyboard tray width: 25"
- 14" of vertical travel
- Max weight capacity: 30 lbs.
- Weight: 58 lbs.
- Warranty: 1 yr.



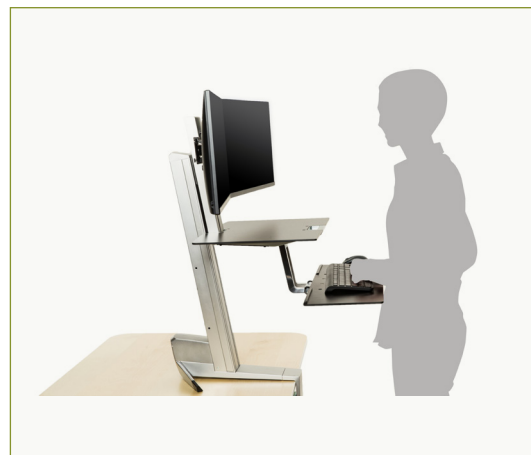
ELEVATE DESKTOP DT3

FRONT-MOUNT INSTALLATION

The perfect solution for those who work with a single- or dual-monitor setup. Featuring smooth counter-balanced adjustment without a locking mechanism, the DT3 quickly transitions between sitting and standing positions.

The InMovement Elevate DeskTop™ DT3's front-mount allows for quick installation, and is great for existing work surfaces where a back-mount station is not an option or space is limited.

The keyboard tray on the DT3 sits lower than traditional workstations, keeping elbows at an optimal ergonomic position, improving posture and comfort when sitting or standing.



KEY FEATURES

- Available in dual-monitor and single-monitor versions
- Built-in VESA monitor mount
- Counter-balanced adjustment

SPECIFICATIONS

- Work surface: 23" x 15"
- Keyboard surface: 27" x 8.9"
- 17.6" of vertical travel
- Max weight capacity:
29 lbs. single / 25 lbs. dual
- Weight: 38.5 lbs. single /
40 lbs. dual
- Accommodates desks
0.47" - 2.4" thick
- Max monitor size: 24" diagonally
- Warranty: 5 yrs.

ELEVATE DESKTOP DT4

VERSATILE & ERGONOMIC DESIGN

The InMovement Elevate DeskTop™ DT4 is a premium solution for those seeking the benefits of a sit-to-stand workstation.

It features a versatile adjustment system that enables quick transitions from sitting to standing, and 180 degree rotation for screen sharing or saving space.

The integrated cable management system built into the DT4's articulated arm keeps the workstation clean from cables and wiring.

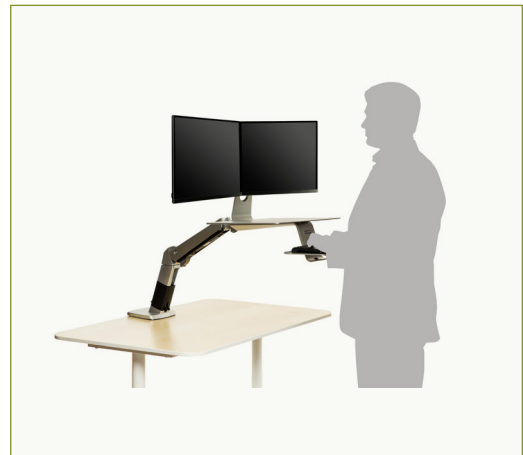
Mount the workstation using the clamp for versatility or utilize the grommet option for a more permanent installation.

KEY FEATURES

- 180-degree rotation
- Integrated cable management
- Ergonomic keyboard tray
- Available in dual-monitor and single-monitor versions
- Mount with clamp or grommet on back of desk
- Built-in VESA monitor mount

SPECIFICATIONS

- Work surface: 22.6" x 14.4"
- Keyboard tray width: 24"
- 18" of vertical travel
- Max weight capacity: 24 lbs. single / 20 lbs. dual
- Weight: 38 lbs. single / 39 lbs. dual
- Accommodates desks 0.78" – 2.56" thick / 23.5" – 31.5" deep
- Max monitor size: 24" diagonally
- Warranty: 5 yrs.



COMPARE OUR STANDING DESKS

Each product in the Elevate DeskTop Series is equipped with unique features to provide a solution for almost any workspace.



**ELEVATE
DESKTOP
DT1**



**ELEVATE
DESKTOP
DT2**



**ELEVATE
DESKTOP
DT3**



**ELEVATE
DESKTOP
DT4**

WORK SURFACE WIDTH	24"	41"	23"	22.6"
WORK SURFACE DEPTH	14"	26.2"	16.3"	14.4"
KEYBOARD TRAY DIMENSIONS	—	25" x 10.5"	27" x 8.9"	24" x 7.5"
VERTICAL TRAVEL	20"	14"	17.6"	18"
ACCOMMODATES DESK THICKNESS	.78" to 2.56"	—	.47" to 2.4"	.78" to 2.56"
ACCOMMODATES DESK DEPTH	Maximum 26"	Minimum 26.5"	—	23.5" to 31.5"
MAX WEIGHT CAPACITY	10 lbs.	35 lbs.	29 lbs. (single), 25 lbs. (dual)	24 lbs. (single), 20 lbs. (dual)
WEIGHT	18.4 lbs.	58 lbs.	38.5 lbs. (single), 40 lbs. (dual)	38.2 lbs. (single), 39.7 lbs. (dual)
WARRANTY	5 years	1 year	5 years	5 years

WALKING WORKPLACE SOLUTIONS

GET A STEP UP ON
YOUR DAY



Nearly five decades ago, Life Fitness® defined an industry with the first piece of electronic fitness equipment, ultimately becoming the world's largest fitness equipment manufacturer with world class quality and durability. Born from Life Fitness, InMovement leverages a heritage in biomechanics to create a healthier workstyle.

INMOVEMENT TREADMILL DESK

WALK WHILE YOU WORK

The InMovement™ TreadMill Desk leverages nearly five decades of quality and biomechanics excellence from the industry-leaders at Life Fitness. Blending simple movement into the workday increases productivity, boosts metabolism and encourages healthy behavior, while preventing the risks of prolonged sitting.

Designed to complement the workplace in form and function, the InMovement TreadMill Desk features a silent motor, speeds that are optimal for walking while working, and a sturdy design ideal for community or individual use.

KEY FEATURES

- The connectivity panel makes it easy to power most devices, with AC power hookups, USB docks and an Ethernet connection
- Integrated cable management ensures a clean workspace without being tethered to a wall outlet
- The patented Life Fitness FlexDeck® Shock Absorption System reduces impact to the joints by nearly 30 percent
- Advanced safety features include responsive stopping time and convenient pause button
- Electric height adjustment allows for a wide range of user heights (from 4'10" - 6'6")



SPECIFICATIONS

- Dimensions: 71"L x 40"W x 49"H
- Work surface: 31.4" x 40.0"
- LCD Display: 2.5" x 1.8"
- Max user weight: 350 lbs.
- Speed: 0.3 - 2.0 MPH
- Warranty: Frame - 7 yrs; motor - 3 yrs; parts and labor - 1 yr

INTEGRATE **ACCESSORIES**

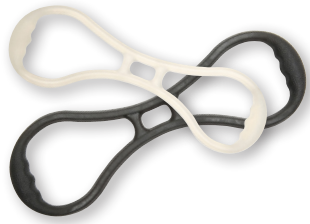
YOUR WORKDAY



Integrate™ Accessories provide a solution for building movement into your daily routine. The versatility of the Integrate Series allows for the engagement of nearly every muscle group. InMovement offers hands-on options for times when you can take a break from your keyboard, and hands-free options that allow you to move while working.

INTEGRATE ACCESSORIES

MAKE THE RIGHT MOVE



INTEGRATE STRETCH BANDS

Add resistance movement to your day using the light and compact Integrate Stretch Bands.

Length	15.3"
Width	4.9"
Height	0.6"
Weight	4.8 oz.
Materials	TPR rubber



INTEGRATE WEIGHTED HAND BALL

The Integrate Weighted Hand Ball makes it easy to add light toning exercises to your workday.

Weight	2 lbs., 4 lbs., 6 lbs., 8 lbs.
Materials	PVC, Iron Sand, Silicone Sand
Diameter	5"



INTEGRATE WEIGHTED STRESS BALL

The Integrate Weighted Stress Ball relieves stress and aids blood circulation.

Color	Black
Weight	1 lb.
Materials	PVC, Iron Sand
Diameter	2.6"



INTEGRATE DESK PEDALS

This portable elliptical stepper keeps legs engaged and maintains optimal blood flow, while sitting or standing.

Length	24"
Width	18"
Height	12"
Weight	30 lbs.
Frame	Steel frame design



INTEGRATE CALF STRETCH

Increase leg tonality, strengthen your core and stretch calf muscles with the Integrate Calf Stretch.

Width	16"
Height	3"
Depth	7"
Weight	2 lbs.
Material	NBR rubber



INTEGRATE ANTI-FATIGUE MAT

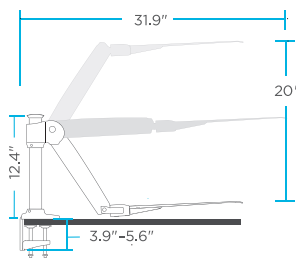
The Anti-Fatigue Mat allows you to stand for extended periods of time.

Length	17.5"
Width	23.5"
Height	0.5"
Weight	3 lbs.
Material	NBR Rubber, PVC

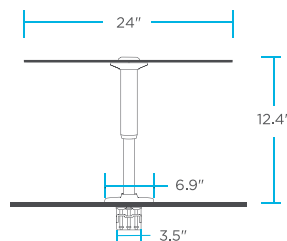
PRODUCT DIMENSIONS

InMovement unites productivity with wellbeing through a suite of furniture and accessories. The dimensions below will ensure that you select products that best fit your space.

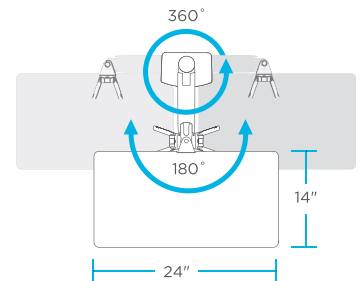
ELEVATE DESKTOP DT1



Profile View

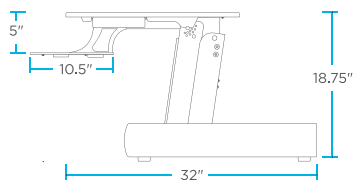


Front View

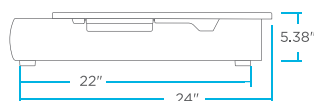


Top View

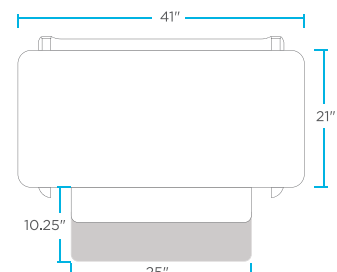
ELEVATE DESKTOP DT2



Extended Profile View

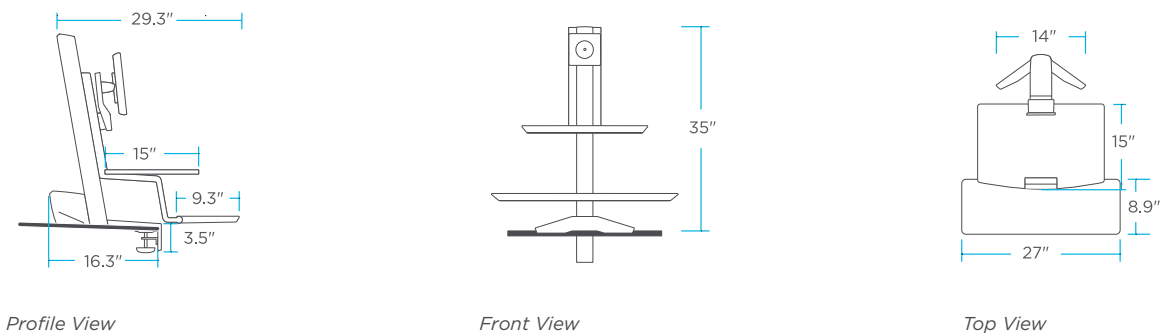


Collapsed Profile View

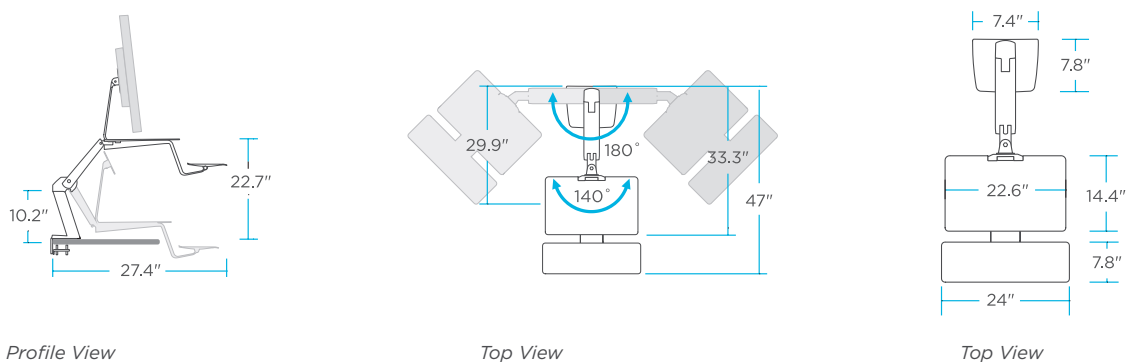


Top View

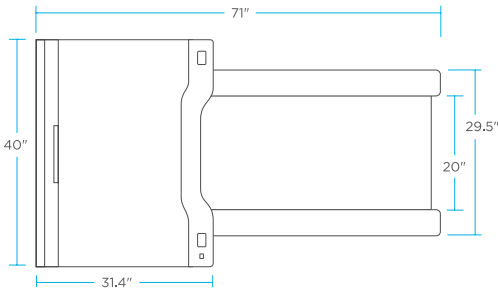
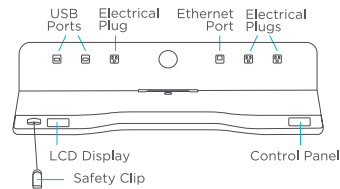
**ELEVATE
DESKTOP DT3**



**ELEVATE
DESKTOP DT4**



**INMOVEMENT
TREADMILL
DESK**





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