

HARBINGER

Gloves 11 - 24 Belts 25 - 32 Straps, Wraps & Lift Assists 33 - 44 Training Accessories 45 - 52 Home Fitness 53 - 56

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Our mission is to elevate strength training. With more than 30 years of experience in this field, Harbinger leads the strength training category in gloves, belts and accessories. Strategic design and high-quality materials make Harbinger the trusted strength training brand of choice for all performance levels.

OVER 30 YEARS OF EXPERIENCE

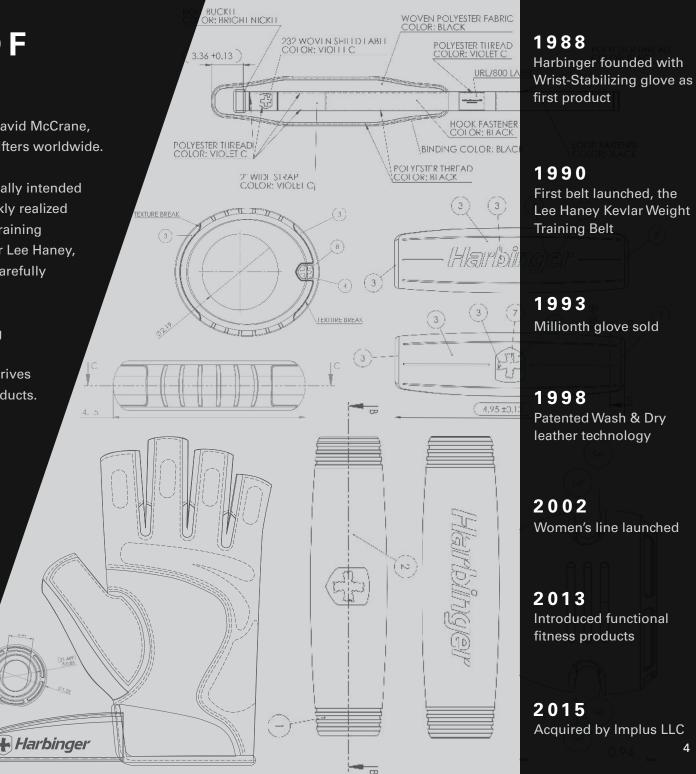
Founded in 1988 by fitness enthusiast and entrepreneur David McCrane, Harbinger swiftly became the brand of choice for weight lifters worldwide.

It began with an innovative Wrist-Stabilizing Glove. Originally intended to mitigate wrist injuries for skateboarders, McCrane guickly realized the benefit of the Wrist-Stabilizing glove for the strength training industry. Teaming up with 8-time Mr. Olympia bodybuilder Lee Haney, they pioneered Harbinger as the source for high quality, carefully engineered gloves and belts.

Since then, Harbinger has expanded into strength training accessories, including wraps, straps and bar grips. With proprietary technology and advanced design, Harbinger drives the category and continues to deliver new, innovative products.

In 2013, Harbinger introduced functional fitness products, including weight vests and speed ropes, designed to enhance fast-paced workouts.

Today, Harbinger Fitness is part of Implus LLC organization which has more than 30 years of experience. The Implus Fitness & Wellness Division manages category-leading brands renowned for superior guality, innovative design and heritage. Implus proudly distributes in over 75,000 retail outlets across North America and in over 70 countries worldwide. Implus' scale and reach helps make Harbinger products broadly available across the United States and internationally.



GLOVE SIZE CHART

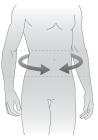
Measure the circumference of your flat hand just under the knuckles (not including your thumb). **Our gloves should fit tight**. The real leather is designed to stretch over the life of the glove. If you are in-between sizes, we recommend you select the larger of the two sizes. If you prefer a looser fitting glove, buy one size larger than you typically wear.

HARBINGER GLOVES

	XS	S	Μ	L	XL	XXL
MEN	6.5"- 7" 16.5cm - 17.8cm	7"- 7.5" 17.8cm - 19cm	7.5"- 8" 19cm - 20.3cm	8″- 8.5″ 20.3cm - 21.6cm	8.5″- 9.5″ 21.6cm - 24cm	9.5″+ 24cm+
WOMEN	6″- 6.5″ 15.2cm - 16.5cm	6.5″- 7″ 16.5cm - 17.8cm	7''- 7.5'' 17.8cm - 19cm	7.0 0	-	-

BELT SIZE CHART

When purchasing a new strength training belt, it is important to measure yourself correctly. **Do not use your pant size to determine the size of your belt**. Use a tape measure around your waist, between your hips and ribs. Circle around the waist so you start and stop on belly button. **Our strength training belts are designed to be worn tight around one's waist**. The more secure the belt, the more support and stabilization it provides. If you prefer a looser fit, buy one size larger.



HARBINGER BELTS

	XS	S	Μ	L	XL
MEN	-	24''- 29'' 61cm - 73.7cm	29''- 33'' 73.7cm - 84cm	33"- 37" 84cm - 94cm	37"- 42" 94cm - 106.7cm
WOMEN	24"- 28" 61cm - 71cm	28''- 32'' 71cm - 81.3cm	32''- 36'' 81.3cm - 91.4cm	-	-

HARBINGER LEATHER BELTS

	S	Μ	L	L	XL
UNISEX	23''- 29''	29''- 33''	33''- 37''	37''- 42''	42''- 48''
	58.4cm - 73.7cm	73.7cm - 84cm	84cm - 94cm	94cm - 106.7cm	106.7cm - 122cm

$\textbf{HARBINGER COREFLEX} ^{\text{\tiny TM}} \textbf{ BELTS}$

	XS	S	Μ	L	XL
MEN	-	24"- 30" 61cm - 76cm	28"- 34" 71cm - 86.4cm	32"- 38" 81.3cm - 96,5cm	36''- 42'' 91.4cm - 106.7cm
WOMEN	23"- 29" 58.4cm - 73.7cm	27''- 33'' 68.6cm - 84cm	31"- 37" 78.7cm - 94cm	35''- 41'' 89cm - 104cm	-

KNEE SLEEVES SIZE CHART

Measure the circumference of your knee at the center of your patella (knee cap).

	S	Μ	L	XL
UNISEX	12''- 14'' 30.5cm - 35.6cm	13″- 15″ 33cm - 38cm	14''- 17'' 33.5cm - 43.2cm	16"+ 40.6cm+

LIFTING GRIPS SIZE CHART

Measure the circumference of your flat hand just under the knuckles (not including your thumb).

	S/M	M/L	L/X
UNISEX	7''- 8''	7.5"- 8.5"	8″- 9.5″
	17.8cm - 20.3cm	19cm - 21.6cm	20.3cm - 24cm



PALM GRIPS SIZE CHART

Measure the length of your palm from the bottom of your middle finger to your wrist.

		S	М	L	XL
UNISE	ΞX	3.25 ''- 4'' 8.3cm- 10.1cm	4''- 4.75'' 10.1cm- 12cm	4.75"- 5.5" 12cm- 14cm	5.5"+ 14cm+



TECHNOLOGY



ANTIMICROBIAL

Antimicrobial treatment used to control odor and prevent staining caused by natural and environmental bacteria



SPIDER GRIP™

Premium leather that undergoes a special tanning process to produce a tackier hand



BIOFLEX®

 $\mathsf{BioFlex}^{\circledast}$ layered stretch fabric at the back of hand design that mimics the hand's natural anatomy



STRETCHBACK™

Performance mesh that flexes with hands and fingers during dynamic movements. Reduces stress at seams for a comfortable fit



BIOFORM®

Clay at palm and fingers that softens and molds as the body warms up for maximum padding, comfort, and control



TECH GEL[™] Proprietary gel that cushions key stress points for extra support



NO SWEAT

Moisture wicking lining that wicks away moisture to keep hands dry



VENTED PALM Vents between key stress points for enhanced breathability



RECYCLABLE 100% recyclable foam



WASH & DRY LEATHER Machine washable and dryable leather

FITNESS

Versatile, all-purpose gloves and accessories collection combines strength and cardio options for consumers with well-rounded general fitness goals. Fitness shoppers typically want to improve appearance, get in shape, and have more energy for daily life.



LIFTING

Rugged and durable, the Lifting collection provides a broad range of best-selling gloves, belts, straps, wraps and training aids for weight lifting. Lifting shoppers typically have training goals of building strength and muscle size, and often strength train as their primary form of physical activity.



HEAVY LIFTING

Our toughest and most supportive gloves, belts and accessories, the Heavy Lifting collection provides substantial support for serious training. Heavy Lifting shoppers typically have competitive training goals to set PRs, max out and advance in weight classes. Often, Heavy Lifting shoppers compete at the amateur or semi-pro level, and strongly identify with lifting weights as a lifestyle.



HARBINGER GLOVES

Grip. Support. Protect.



POWER GLOVES

MINIMAL PADDING, REAL BAR FEEL

The Power Collection is the right choice for those new to strength training or seeking minimal padding for the closest feel of the bar. With an all leather, open cell foam cushioned palm, Power gloves deliver Harbinger's quality and durability at a remarkable value. ½ **finger length**.



WOMEN'S NON-WRISTWRAP

- StretchBack mesh for breathability and flexible fit
- Double layered thumb for extra protection
- Padded palm for enhanced comfort and firm grip
- Fully adjustable wrist closure and pull tab





Size

S

Μ

L

Code

21502

21503

21504

GLOVES - FITNESS COLLECTION



FLEXFIT GLOVES FLEXIBLE, LAYERED PROTECTION

Unique BiFlex[™] articulated palm design strategically layers premium leather so the FlexFit Collection delivers superior comfort. ½ finger length.

WA SH ANTI MICROBIA

WOMEN'S **NON-WRISTWRAP**

>	Code	Size
	21496	S
·)	21497	М
	21498	L



- TechGel cushioning pads key stress points for extra protection
- Open back design for lightweight, flexible fit
 Wrap around, fully adjustable wrist closure



WOMEN'S **NON-WRISTWRAP**

Harbinger.

Code	Size
21493	S
21494	М
21495	L



BLACK / MERLOT

GLOVES - FITNESS COLLECTION

SHIELD PROTECT GLOVES

The Shield Protect Full-Finger Fitness Gloves provide complete hand coverage with a micro suede palm. The touchscreen friendly fingertips offer convenience during workouts. A close contact grip from an unpadded palm and fingers provides a true feeling while lifting and exercising for more efficient training.



BLACK / GREY

 Code

 Code

 Code

 22138

 22139

 22140

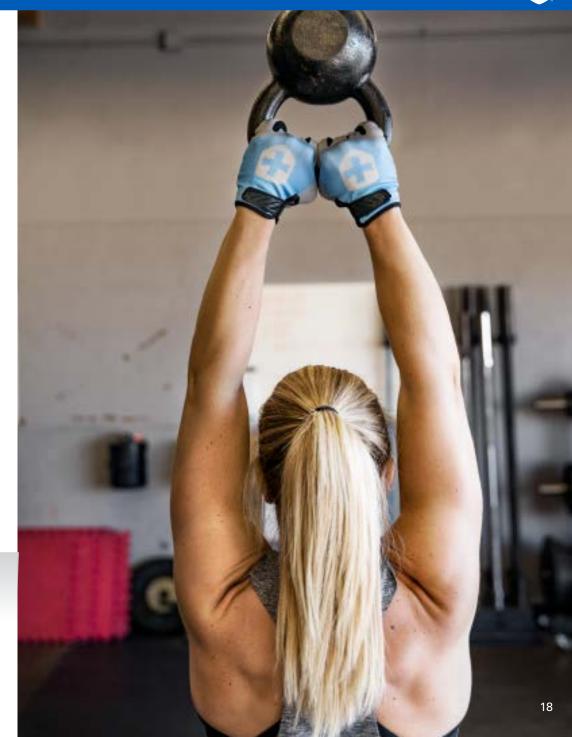
NON-WRISTWRAP

Code	Size	 Full-fir Unpad
22138	S	zones • Incred
22139	М	• 10. Ult
22140	L	 Secure Machine
22141	XL	

Full-finger touchscreen friendly fitness gloves with micro suede palm Unpadded palm and fingers for a close contact grip with reinforced

- zones on high touch areas ncredibly lightweight design protects hands without the bulk
- Increasing ingravely in design protects names without the but
 IO. Ultra-breathable construction for maximum comfort
- Secure fit with hook and loop wrist enclosure
- Machine washable with anti-microbial treatment to help control odor





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PRO GLOVES

RUGGED CONSTRUCTION, ESSENTIAL PADDING

Best selling Pro Collection offers signature Harbinger quality at a competitive price. ½ finger length.

NON-WRISTWRAP

- Code Size 360234 S 360241 Μ 360258 L 360265 XL 360272 XXL
- Hand wash / Air dry only • New, vented open cell foam cushioned leather palm Wrap around thumb protection and double stitched construction

BLACK

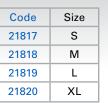








NON-WRISTWRAP





WOMEN'S NON-WRISTWRAP

- Top of hand performance vented stretch panels
 Machine wash and dry / separate colors

Size	Code
S	361491
М	361507
L	361514

GLOVES - LIFTING COLLECTION



TRAINING GRIP® GLOVES ENHANCED PROTECTION AND PADDED SUPPORT

Balance grip control and protection with the Training Grip[®] Collection. Articulated TechGel[™] padding conforms to key stress points while flexing. ½ **finger length**.



NON-WRISTWRAP

Code	Size	
360395	S	
360401	М	
360418	L	
360425	XL	

New vented design on the men's glove wicks away moisture and increases breathability
Hand wash / Air dry only

TECH GE L

NO SWEA T

GLOVES - HEAVY LIFTING COLLECTION

WRISTWRAP GLOVES

Strength Training gloves are worn to enhance grip, protect and support the palms. Wristwrap gloves provide essential wrist support, stability and protection, especially during heavy lifts.

PAL



 Code
 Size

 36005
 S

 360012
 M

 360029
 L

 360036
 XL

 360043
 XXL

New graduated poly/cotton blend WristWrap for maximum support, flexibility and comfort Hand wash / Air dry only





TRAINING GRIP WRISTWRAP

	Code	Size
	360104	S
1	360111	М
	360128	L
	360135	XL

 Graduated WristWrap is fully adjustable for maximum support and flexibility
 Hand wash / Air dry only



HARBINGER BELTS

Support. Stability. Power.

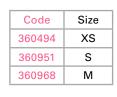
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FOAM CORE BELTS

Foam core belts are designed with a lightweight foam that brings confort and flexible support while exercising. The wide strap stabilizes core muscles as the heavy gauge steel buckle allows easy custom fit.

WOMENS 5" FOAM CORE

- 5" width and a flexible, lightweight foam core designed specifically for women.
- Comfortable tricot inner lining.
- Extra wide 3" strap stabilizes muscles.
- Heavy gauge steel buckle tensions easily for a custom fit.





BLACK / PINK

HEXCORE BELTS

Harbinger's synthetic strength training belts are made of flexible, lightweight materials for just the right amount of core support. This best-selling lineup features abrasion-resistant nylon for durability and heavy gauge steel tensioning buckles for an adjustable fit.





BLACK / RED

• breathable support : HexCore material and ventilated backing provide maximim airflow with firm support

• Easy tensioning : heavy gauge steel roller buckle makes tensioning easy for a customized fit

• Competition size : 4,7 inche width meets most competition size requirements

5" FOAM CORE

- Extra wide 5-inch strength training belt with 3-inch support strap provides maximum lower back and abdominal support for heavier lifts
- Ultralight, flexible foam core weightlifting belt allowing for full range of motion while lifting
- Heavy gauge steel roller buckle makes tensioning simple and easy; plush tricot lining is comfortable against skin
- Durable abrasion resistant fabric flame laminated directly to foam core to prevent fraying and pilling.

4″ NYLC	DN	
Code	Size	
22164	XS	
22165	S	
22166	М	



BLACK / BLUE

BLACK / GREEN



Code	Size
21765	S
21766	М
21767	L
21768	XL
Code	Size
21808	S

21809

21810

21811

Μ

L

XL



• breathable support : HexCore material and ventilated backing provide maximim airflow with firm support

• Easy tensioning : heavy gauge steel roller buckle makes tensioning easy for a customized fit

• Competition size : 4,7 inche width meets most competition size requirements

CONTOURED BELTS

Contoured strength training belts are ergonomically designed to fit the natural shape of the body while stabilizing the core muscles. Offered in different widths for comfort and support, contoured belts provide a tailored feel. Adjustable, heavy gauge steel tensioning buckles customize the fit.

NYLON BELTS

Harbinger's synthetic strength training belts are made of flexible, lightweight materials for just the right amount of core support. This best-selling lineup features abrasion-resistant nylon for durability and heavy gauge steel tensioning buckles for an adjustable fit.



7.5" FIRMFIT™ CONTOUR

Code	Size	• 7 ¹ / ₂ " extra wide belt with 3" support strap
360500	S	Contoured EVA channels stabilize
360975	М	back and core
360982	L	
360999	XL	



BLACK



4″ NYLC	ON	4" wide belt with 3" support strapFlexible nylon web core
Code	Size	
360470	S	
360890	М	
360906	L	
360913	XL	





4" NYLON

Code	Size	• 4" wide belt with 3" support strap • Flexible nylon web core
22174	XS	
22175	S	MER
22176	М	



BELTS - HEAVY LIFTING COLLECTION



PADDED LEATHER BELTS

Harbinger's Padded Leather belts offer enhanced comfort with interior foam cushioning and a suede lining. Backed with split leather for lasting quality.





6" PADDED LEATHER BELT

Code	Size	 Extended 6" contoured width Heavy duty dual-pronged steel
360517	S	roller buckle secures tensioning
361002	М	
361019	L	
361026	XL	
361033	XXL	





4" PADDED LEATHER BELT



HARBINGER STRAPS, WRAPS & LIFT ASSISTS

Heavy Training. Maximum Support.

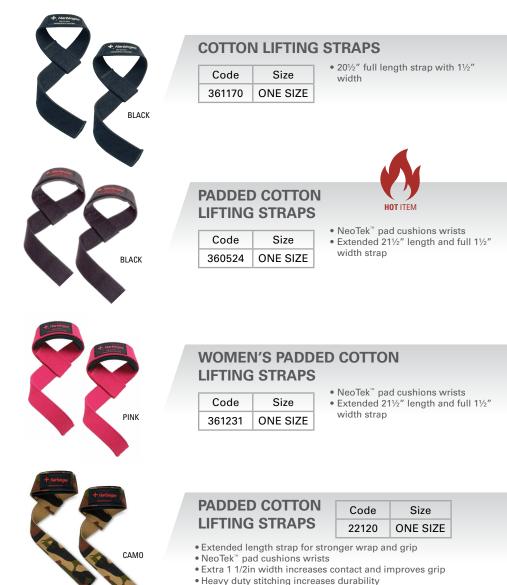


STRAPS, WRAPS & LIFT ASSISTS - LIFTING COLLECTION



COTTON STRAPS

Cotton lifting straps offer essential grip support while lifting. Designed with extended lengths and merrowed end tabs to prevent fraying.



- Heavy duty stitching increases durat
- Merrowed end tabs prevent fraying

STRAPS, WRAPS & LIFT ASSISTS - LIFTING COLLECTION

LIFTING WRAPS

Medium weight elastic properly stabilizes the wrist and knee joints while supporting all lifting movements. Extended lengths for essential support and secure wrapping. One size fits all.





WRIST SUPPORTS

Code	Size
20678	ONE SIZE

 Non-stretch design stabilizes and supports wrist, while maintaining proper wrist position
 Extra wide 2" stabilizing strap with 6 mm neoprene wrist cuff
 Steel tensioning buckle customizes fit



STRAPS, WRAPS & LIFT ASSISTS -HEAVY LIFTING COLLECTION

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LEATHER STRAPS

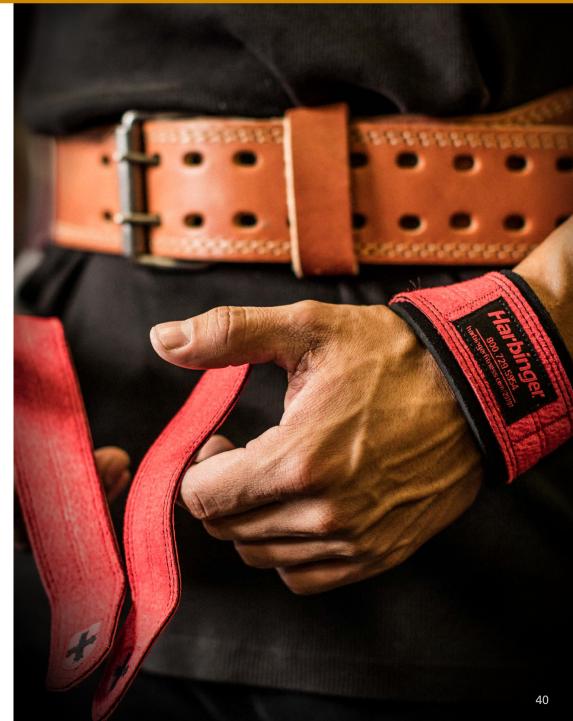
Specially-tanned real leather provides the closest grip for heavy lifts. Leather straps comfortably conform under the hand and around bar. Tri-layer design and durable construction prevents tearing.

LEATHER LIFTING STRAPS

Code	Size
361781	ONE SIZE

• Extended 21½" length and full 1½" width strap





BIG GRIP

Code

360531

Code

361767

The patent-pending Big Grip Strap Collection is made of DuraGrip[™] rubber interwoven with nylon for superior traction.

LIFT ASSISTS

Lift assists round out the strength training collection to serve more specific training needs. They provide palm and wrist joint protection and extra assistance when needed. All are fully adjustable and sized for best coverage.



BIG GRIP LIFTING STRAPS

Code	Size	• 21 ½″ e
361774	ONE SIZE	

extended strap





WRAPS

Made of competition grade elastic to maximize wrist and knee joint stability, Harbinger wraps support key movements. Extended lengths for fully adjustable support.

RED LINE WRISTWRAP

Code	Size
22121	ONE SIZE

- Distinctive red line competition grade elastic maximizes wrist stability and support
- Extended 18" length for strong support and wrist stability
- •Thumb loop secures wrap on hand
- Fully adjustable closure



RED LINE KNEE WRAPS

• Extended 78" length

Code Size 361194 ONE SIZE



RED LINE THUMB LOOP WRISTWRAPS

Code Size 360548 ONE SIZE

Extended 18" length
Thumb loop secures wrap on hand





Code	Size
22122	ONE SIZE

- Distinctive red line competition grade elastic maximizes knee stability and support
 Extended 78" length provides full spectrum tension in wrapping and knee positioning
 2" wide competition grade alastic specides
- 3" wide competition grade elastic provides maximum support
- Helps to preserve and protect the knee joints for bodybuilders, weightlifters, and fitness enthusiasts
 Fully adjustable









HARBINGER TRAINING ACCESSORIES

Targeted Additions

GRIP STRENGTHENING

Made of competition grade elastic to maximize wrist and knee joint stability, Harbinger wraps support key movements. Extended lengths for fully adjustable support.

POWER HAND GRIP

Code	Size
361392	ONE SIZE

 Engineered resistance mechanism for consistent
 tension and durability Ergonomic design keeps hand in proper position
 Dual- colored non-slip grip

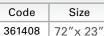


MATS

Harbinger mats are cushioned with a non-slip ribbed surface for optimal training and recovery.







 Antimicrobial treated
 Closed cell Durafoam[™] moisture resistant surface
 Integrated strap for transport







EQUIPMENT ACCESSORIES

Harbinger equipment accessories are compatible with universal cable machines and barbell equipment. Adjustable closures and durable design.





2" NEOPRENE PADDED ANKLE CUFF

Code	Size	 Neoprene padded interior Heavy duty steel D ring clips
361750	ONE SIZE	Adjustable closure

3" HEAVY DUTY ANKLE CUF

Code

• Synthetic shearling pad Size lining for extra comfort 361040 ONE SIZE Heavy duty D ring clips Adjustable closure



361620

BLACK

BAR PAD		
	Code	Size

14″

- 15mm NeoTek[™] foam core cushions neck and shoulders
- Sueded Comfort Tech[™] cover is smooth and easy to clean
- Fits Standard and Olympic bars

BLACK

OLYMPIC BAR PAD

Code	Size
361118	16″

- 15mm NeoTek[™] foam core cushions neck and shoulders
- Sueded ComfortTech[™] cover is smooth and easy to clean
- Fits Standard and Olympic bars

TRICEP ROPE 26"

Code	Size
361415	26″

 Premium nylon woven ropes • Custom engineered over-molded grips • Die cast aluminum receivers attach to universal cables



BLACK / RED

TRAINING ACCESSORIES - HEAVY LIFTING COLLECTION



NYLON HEAD HARNESS

Code	Size
361590	ONE SIZE

Heavy duty Cordura nylon construction
30" steel chain with clip
Synthetic shearling pad lining enhances comfort
Fully adjustable sizing



DIP BELTS

Harbinger dip belts help add weight for exercises like dips and pullups. They are contoured to fit the natural shape of the body and feature a 34" steel chain and clip to secure additional weight.



POLYPRO DIP BELT

- Constructed of durable polypropylene with heavy duty steel grommets that secure chain to belt
- Contoured belt design provides back support and fits comfortably during serious training
- Features an extended 34" steel chain and carabiner mechanism to easily add weight for chin-ups and dips
- Easy add weight mechanism

Code	Size
21798	ONE SIZE





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G Harbings



HOME FITNESS ESSENTIALS

PUSH UP PRO

Patented smooth rotation increases muscle activation and maximises results. Increases muscle strength and definition in arms, shoulders, chest, back and abs. Reduces joint strain in wrists and elbow through natural body movement. Supports user weight up to 400lbs. Ball bearing rotation system.

ltem# 21314



FEATURES & BENEFITS:

• Wide-grip capable.

Adjustable for exact fit in doorframes up to 83cm wide.
Sturdy 300lb. Weight capacity.



AB CARVER PRO

Carve core and help get ripped abs and sculted arms. Kinetic « engine » uses a carbon steel spring to turbocharge abdominal and arm workouts. Provides resistance rolling out and assistance rolling back. Non-bulky design, easy for travelling. User weight limit 300lbs/136kg.



RETAIL LOOKS

VISUAL MERCHANDISING

A variety of retail signage is available.



Header Card





H-Rack Sign



Blade Sign Glove Sizer Tablet

ALL EYES ON HARBINGER







7w

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• 38,063 likes

harbingerfitness A very special #FlexFriday screenshot from @muscle_and_fitness -- Dwayne @therock Johnson ROCKING our wrist wraps!!





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