BLAZEPOD

FOR FITNESS AND PERFORMANCE

Our unique Flash Reflex training system combines physical workouts with cognitive reaction training to ensure exciting and creative sessions that engage clients, offer real-time tracking analytics to improve a wide range of fitness goals.

AREAS OF FOCUS

| REACTION TRAINING | ENHANCE DECISION MAKING | MOTIVATING & EXCITING | COMPETITION | GROUP TRAINING | USE IT ANYWHERE | SPORT SPECIFIC DRILLS |

COMBINE COGNITIVE WITH PHYSICAL TRAINING

Leverage Neuro Athletic activity to quicken your clients' brain processing skills and improve their physical conditioning, making them sharper, faster and more powerful with every training.

STANDOUT FROM THE CROWD

Reimagine old workouts with an exciting twist and create a more exhilarating and inviting training environment for both existing and new clients.

### GENERATE CHALLENGES AND COMPETITION

Clients can compete against one another and push each other to new limits with BlazePod's competitive drills and tests.

## BLAZEPOD FLASH REFLEX TRAINING (FRX) CERTIFICATION APPROVED BY:

iHRSA · NASM APPROVED PROVIDER · NSCA NATIONAL STRENGTH AND CONDITIONING ASSOCIATION CEU APPROVED · AFAA APPROVED PROVIDER · ACE APPROVED · ereps EUROPEAN REGISTER OF EXERCISE PROFESSIONALS part of EuropeActive · europe active MORE PEOPLE | MORE ACTIVE | MORE OFTEN

Michael Cummings
Business Consultant

" If you own or manage a gym and want member engagement, trainer and client retention, and a novel and exciting profit center then BlazePod is for you."
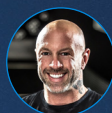
Chris Lane MS, CSCS, TSAC-F, CPT, CSN, Group-X
Sports Performance Coach/ Personal Trainer

" Blazepod delivers unique physical and cognitive adaptations to each of my clients and athletes in a portable, durable, and engaging cutting edge app based technology. A true game changer in the industry!"
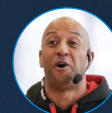
Mike Piercy
MS, CSCS*D,
Owner, The LAB

" BlazePods are a great choice for infusing the elements of reactivity and functional agility training into group sessions. The lights and interactive drills in the app bring an element of fun and cognitive improvement for athletes of all levels."

www.blazepod.com

⚫BLAZEPOD

REACT FASTER
SYNCRONIZE BODY & MIND
PERFORMANCE & REHAB

BlazePod is the leading reaction training solution that combines cognitive intelligence training with physical exercises, enabling individuals to react and respond faster and more efficiently, guided by live data. The platform consists of vibrant, visual cue Pods, controlled by an interactive mobile app that is fully customizable to all sport, fitness or therapy application.

40m

Powerful RGB LEDs with 8 color options

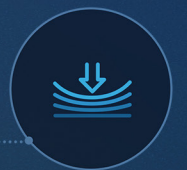Up to 40 meter device-to-Pod range and auto-connection
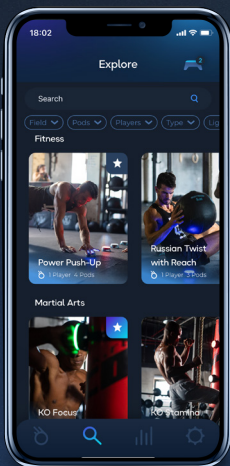
Powered by Bluetooth Low Energy technology

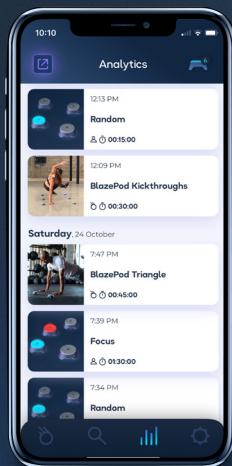Up to 10 hours of operation on a single charge

10h

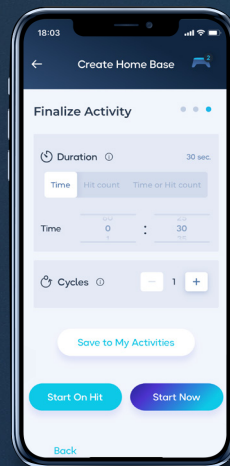Durable, tough, splash-proof (IP65) and UV protected Pods

THE BLAZEPOD APP & PODS

Browse and train (plug and play)

Analyze

Create

Manage clients

TRACK PERFORMANCE
WITH DOWN TO THE MILLISECOND DATA

⚫ Follow analytics in real-time

⚫ Track progress from session to session

⚫ Consolidate your clients data in one central location

⚫ Export team data to analyze individual progress