



**BOSU<sup>®</sup>**

**REDEFINED BALANCE TRAINING**

[bosu.com](https://www.bosu.com)

**2022 CATALOG**

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## Contact Us

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# NexGen™ Pro Balance Trainer

## COMMERCIAL FITNESS PROFESSIONALS

### Textured design enhances functionality for grip & positional cueing.

The **BOSU® NexGen™ Pro Balance Trainer** has a textured dome with 4 textured quadrants. These quadrants allow for precise body positioning and cueing while working on cardio, agility, strength, core, balance and mobility exercises. The textured dome enhances grip for hands and feet.

The NexGen™ Pro Balance Trainer is ideal for group fitness, complex movements and advanced fitness professionals in a professional setting. It is designed with a patented non-slip, dually over-molded base meant to withstand continual daily gym usage.

- **QUADRANT DESIGN FOR PRECISE BODY POSITIONING & CUEING**

- **TEXTURED DOME FOR BETTER GRIP**

- **ENHANCED MOVEMENT CAPABILITIES**

- **TONE & STRENGTHEN YOUR CORE**

- **IMPROVE BALANCE & FLEXIBILITY**

- **NEXT LEVEL FUNCTIONAL TRAINING**

- **DOWNLOADABLE OWNERS MANUAL**

- **DOWNLOADABLE WALL CHART & WORKOUTS**

- **MADE IN THE USA**

- **SPECS**

- Latex-free, burst-resistant material
- 1 year limited warranty
- Available colors: blue dome and gray rim
- Black dually over-molded platform for extra strength
- Smooth, non-skid, non-marking base
- Holds up to 159 kg (350 lbs.)
- Weight: 7 kg (15.4 lbs.)
- Diameter: 65 cm
- Height: 25.4 cm (10") when fully inflated
- Includes hand pump



# NexGen™ Home Balance Trainer

HOME FITNESS - ALL LEVELS

## Textured design enhances functionality for grip & positional cueing.

The BOSU® NexGen™ Home Balance Trainer is all about functionality. The four quadrants allow for precise body positioning and cueing while working on cardio, agility, strength, core, balance and mobility exercises. The textured dome enhances grip for hands and feet.

The NexGen™ Home Balance Trainer is designed for home use, ideal for streamed or televised fitness classes, complex movements, yoga and active agers - due to the non-slip dome. It is designed with six non-slip feet and meant to withstand normal everyday home usage.

- **QUADRANT DESIGN FOR PRECISE BODY POSITIONING & CUEING**

- **TEXTURED DOME FOR BETTER GRIP**

- **ENHANCED MOVEMENT CAPABILITIES**

- **TONE & STRENGTHEN YOUR CORE**

- **IMPROVE BALANCE & FLEXIBILITY**

- **NEXT LEVEL FUNCTIONAL TRAINING**

- **DOWNLOADABLE OWNERS MANUAL**

- **DOWNLOADABLE WALL CHART & WORKOUTS**

- **MADE IN THE USA**

- **SPECS**

- Latex-free, burst-resistant material
- 180 day limited warranty - Home use only
- Available colors: blue dome and black rim
- 6 rubberized feet
- Holds up to 136 kg (300 lbs.)
- Weight: 6 kg (13 lbs.)
- Diameter: 65 cm
- Height: 25.4 cm (10") when fully inflated
- Includes hand pump



# Pro Balance Trainer

## COMMERCIAL FITNESS PROFESSIONALS

The **BOSU® Pro Balance Trainer** is currently used in fitness, sports conditioning and rehabilitation facilities. It is known industry wide for balance, strength and flexibility training, as well as delivering a killer cardio workout that's fun. The Pro Balance Trainer challenges the entire body with integrated, multi-joint movements requiring muscle groups to simultaneously work together.

The Pro Balance Trainer is designed for commercial use, great for personal trainers, physical therapists, and fitness instructors. It is designed with a patented non-slip, dually over-molded base meant to withstand continual daily gym usage.

- **ENHANCED MOVEMENT CAPABILITIES**
- **TONE & STRENGTHEN YOUR CORE**
- **IMPROVE BALANCE & FLEXIBILITY**
- **NEXT LEVEL FUNCTIONAL TRAINING**
- **DOWNLOADABLE INTEGRATED BALANCE TRAINING MANUAL**
- **DOWNLOADABLE OWNERS MANUAL**
- **DOWNLOADABLE WALL CHART & WORKOUTS**
- **MADE IN THE USA**
- **SPECS**

- Latex-free, burst-resistant material
- 1 year limited warranty
- Available colors: blue or pink dome and gray rim
- Black dually over-molded platform for extra strength
- Smooth, non-skid, non-marking base
- Holds up to 159 kg (350 lbs.)
- Weight: 7 kg (15.4 lbs.)
- Diameter: 65 cm
- Height: 25.4 cm (10 in) when fully inflated
- Includes hand pump



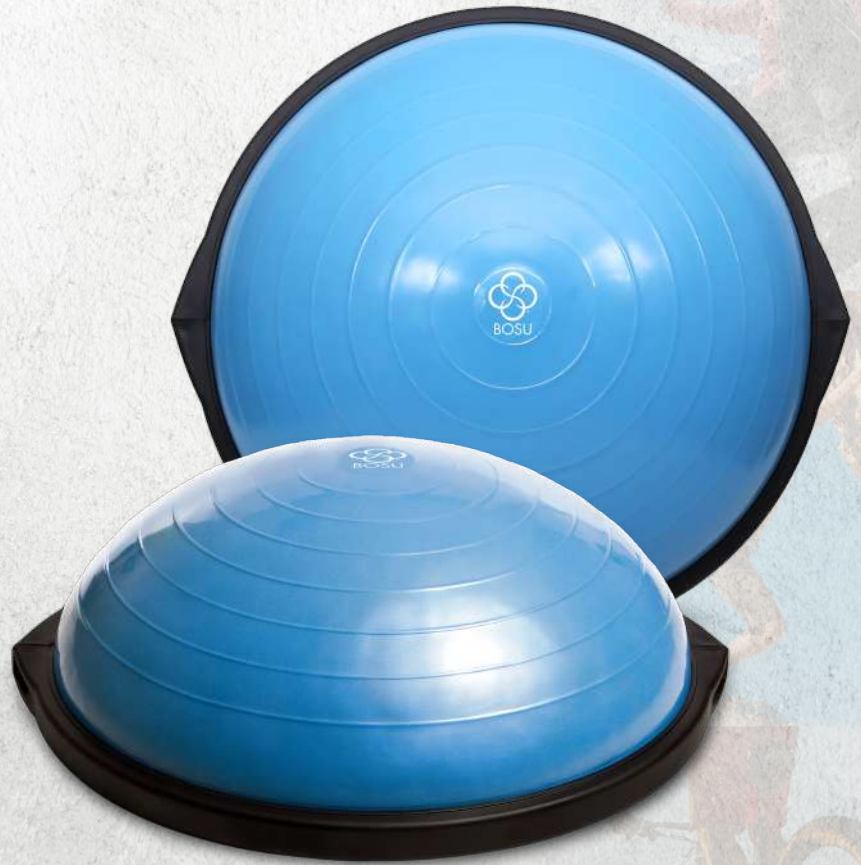
# Home Balance Trainer

## HOME FITNESS - ALL LEVELS

The **BOSU® Home Balance Trainer** is the perfect choice for working on balance, strength and flexibility training, as well as delivering a killer cardio workout that's fun. The Home Balance Trainer challenges the entire body with integrated, multi-joint movements requiring muscle groups to simultaneously work together.

The Home Balance Trainer is designed for the at home fitness enthusiast. Ideal for basic balance training, core workouts, cardio or full body workouts. It is designed with six non-slip feet and meant to withstand normal everyday home usage.

- **ENHANCED MOVEMENT CAPABILITIES**
- **TONE & STRENGTHEN YOUR CORE**
- **IMPROVE BALANCE & FLEXIBILITY**
- **NEXT LEVEL FUNCTIONAL TRAINING**
- **DOWNLOADABLE OWNERS MANUAL**
- **DOWNLOADABLE WALL CHART & WORKOUTS**
- **MADE IN THE USA**
- **SPECS**
  - Latex-free, burst-resistant material
  - 180 day limited warranty - Home use only
  - 6 rubberized feet
  - Available color: blue dome and black rim
  - Holds up to 136 kg (300 lbs.)
  - Weight: 6 kg (13 lbs.)
  - Diameter: 65 cm
  - Height: 25.4 cm (10 in) when fully inflated
  - Includes hand pump



# BYOB Home Balance Trainer

## HOME FITNESS - ALL LEVELS

Why not customize your Home Balance Trainer with our **BYOB (Build Your Own BOSU®)** option? Choose from a variety of colors making your Balance Trainer even more colorful and fun. The BYOB Balance Trainer is the perfect choice for working on balance, strength and flexibility training, as well as delivering a killer cardio workout. The BYOB Balance Trainer challenges the entire body with integrated, multi-joint movements requiring muscle groups to simultaneously work together.

The BYOB Balance Trainer is designed for the at home fitness enthusiast that wants a little more pizzazz and color in their workouts. Ideal for basic balance training, core workouts, cardio or full body workouts. It is designed with six non-slip feet and meant to withstand normal everyday home usage.

- **ENHANCED MOVEMENT CAPABILITIES**
- **TONE & STRENGTHEN YOUR CORE**
- **IMPROVE BALANCE & FLEXIBILITY**
- **NEXT LEVEL FUNCTIONAL TRAINING**
- **MULTIPLE COLOR OPTIONS FOR BOTH DOME & RIM**
- **DOWNLOADABLE OWNERS MANUAL**
- **DOWNLOADABLE WALL CHART & WORKOUTS**
- **MADE IN THE USA**
- **BYOB PRO BALANCE TRAINER AVAILABLE UPON REQUEST**
- **SPECS**

- Latex-free, burst-resistant material
- 180 day limited warranty - Home use only
- 6 rubberized feet
- Holds up to 136 kg (300 lbs.)
- Weight: 6 kg (13 lbs.)
- Diameter: 65 cm
- Height: 25.4 cm (10 in) when fully inflated
- Includes hand pump

- **AVAILABLE COLOR OPTIONS**



# Sport Balance Trainer

## HOME FITNESS - ALL LEVELS

The travel size **BOSU® Sport Balance Trainer** is a smaller version of the Home Balance Trainer. It offers the same benefits as the Home Balance Trainer when working on balance, strength and flexibility training, as well as delivering a killer cardio workout.

The Sport Balance Trainer is designed with six non-slip feet and meant to withstand normal home gym use. The compact design allows it to serve as your child's first balance trainer or, if you like to take your fitness on the go, is great for traveling, small spaces or outside workouts.

- **TRAVEL SIZE**
- **EASY TRANSPORTATION**
- **ENHANCED MOVEMENT CAPABILITIES**
- **STONE & STRENGTHEN YOUR CORE**
- **IMPROVE BALANCE & FLEXIBILITY**
- **NEXT LEVEL FUNCTIONAL TRAINING**
- **DOWNLOADABLE OWNERS MANUAL**
- **DOWNLOADABLE WALL CHART & WORKOUTS**
- **MADE IN THE USA**
- **SPECS**
  - Latex-free, burst-resistant material
  - 180 day limited warranty - Home use only
  - 6 rubberized feet
  - Holds up to 113.40 kg (250 lbs.)
  - Weight: 4.54 kg (10 lbs.)
  - Diameter: 50 cm
  - Height: 17.8 cm (7 in) when fully inflated
  - Includes hand pump
- **ADDITIONAL COLORS**





# Balance Pods

## NEXT LEVEL BALANCE TRAINING

The **BOSU® Balance Pods** allow you to get a total body workout as you simultaneously improve your balance, coordination and agility. By working the upper and lower body, you'll also be developing core strength and stability, which is important for overall good health and fitness. You can use the balance pods with the flat side down for more stable base or with the dome side down for more balance challenges. The raised rings provide grip and comfort for the hands and feet. Incorporate the Balance Pods with a BOSU® Ballast® Ball or any BOSU® Balance Trainer. The Balance Pods come in two sizes, 6.5 inch and 10 inch diameter.

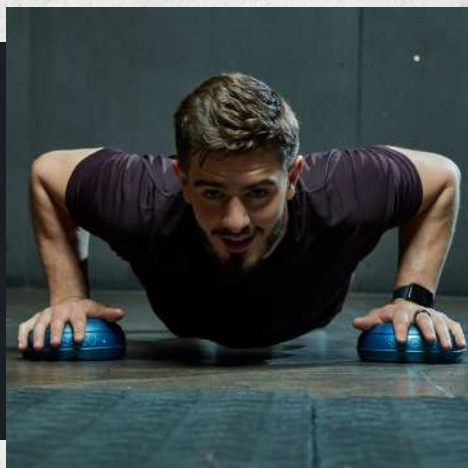
- **DEVELOPS TOTAL BODY MUSCULAR ENDURANCE, STRENGTH & FLEXIBILITY**
- **IMPROVES DYNAMIC BALANCE & AGILITY**
- **BUILDS CORE STRENGTH & STABILITY**
- **ENHANCES BODY AWARENESS & COORDINATION**
- **DOWNLOADABLE OWNERS MANUAL**
- **DOWNLOADABLE WALL CHART & WORKOUTS**
- **MADE IN THE USA**
- **SPECS**

- High-quality, latex-free, soft grip vinyl
- 1 year limited warranty - Home use only
- Holds up to 136 kg (300 lbs.)
- Weight: .5 kg (1 lb.)
- Diameter: 16.5 cm (6.5 inches)
- Available in 2 pk & 4 pk

● **XL SPECS**

- High-quality, latex-free, soft grip vinyl
- 1 year limited warranty - Home use only
- Holds up to 136 kg (300 lbs.)
- Weight: .7 kg (1.5 lbs.)
- Diameter: 25.4 cm (10 inches)
- Available in 1 pk & 2 pk

● **ADDITIONAL COLORS (6.5 INCH ONLY)**



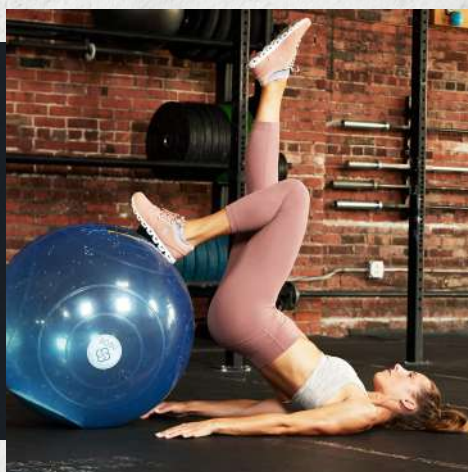
# Ballast® Ball

## ALL FITNESS LEVEL & ATHLETES

The **BOSU® Ballast® Ball** comes in two sizes - 45 cm & 65 cm.

The Ballast® Ball is like no other exercise ball in the gym. This ball has a six-sided surface design for proper alignment and positioning. It also has 2.5 lbs. of multi-dimensional load (ballast) which keeps it from wandering during your workout. The Ballast® Ball provides a fun, visual effect and audible feedback during lifting, shifting and shaking exercises. With the Ballast® Ball, individuals can perform exercise progressions and dynamic drills that are not possible on a regular exercise ball.

- **TONE & STRENGTHEN YOUR CORE**
- **IMPROVE BALANCE & FLEXIBILITY**
- **DYNAMIC FUNCTIONAL TRAINING**
- **DOWNLOADABLE OWNERS MANUAL**
- **DOWNLOADABLE WORKOUT**
- **65 cm SPECS**
  - High-quality, latex-free, burst-resistant material
  - 1 year limited warranty
  - Available in translucent light blue
  - Holds up to 136 kg (300 lbs.)
  - Diameter: Inflate between 55 cm and 65 cm
  - Weight: 2.95 kg (6.5 lbs.)
  - Includes pump
- **45 cm SPECS**
  - High-quality, latex-free, burst-resistant material
  - 1 year limited warranty - Home use only
  - Available in translucent light blue
  - Holds up to 113.4 kg (250 lbs.)
  - Diameter: Inflate between 40 cm and 45 cm
  - Weight: 2.28 kg (5 lbs.)
  - Includes pump



# Exercise Ball

## HOME FITNESS - ALL LEVELS

The **BOSU® Exercise Ball** comes in two sizes - 55 cm & 65 cm.

The Exercise Ball was designed by personal trainers to be the most versatile and durable exercise ball on the market – That starts with where the Exercise Ball is made, right here in the USA. Designed with burst resistant material and added textured grip ensures you won't lose your grip even during the most intense workouts. Trust your exercise equipment with BOSU®, a brand that's been innovating in the fitness industry for over 20 years.

- **DEVELOP TOTAL BODY MUSCULAR ENDURANCE, STRENGTH & FLEXIBILITY**
- **IMPROVE DYNAMIC BALANCE & AGILITY**
- **ADDED TEXTURE FOR ENHANCED GRIP**
- **DOWNLOADABLE OWNERS MANUAL**
- **MADE IN THE USA**
- **55 cm SPECS**
  - High-quality, latex-free, burst-resistant material
  - 1 year limited warranty - Home use only
  - Diameter: Inflate between 45 cm and 55 cm
  - Weight: 1.34 kg (2.5 lbs.)
  - Includes pump
- **65 cm SPECS**
  - High-quality, latex-free, burst-resistant material
  - 1 year limited warranty - Home use only
  - Holds up to 136 kg (300 lbs.)
  - Diameter: Inflate between 55 cm and 65 cm
  - Weight: 1.59 kg (3.5 lbs.)
  - Includes pump
- **ADDITIONAL COLOR**



# Helm

## ALL FITNESS LEVEL & ATHLETES

It's time to **ELEVATE YOUR WORKOUT** - The **BOSU® Helm** is an effective **push-up bar** with multiple functionalities. The Helm allows you to train your upper body for strength, stability and endurance, while simultaneously working your core and adding more dynamic properties to the static plank position.

Although it can be used on the ground for standard pushup and plank support, the Helm was engineered to sit perfectly on top of the BOSU® Balance Trainer and/or BOSU® Exercise Ball /Ballast® Ball for added instability training.

The ergonomic handles allow for a proper wrist position - preventing wrist strain, fatigue and injury. The three different positions also allow for a more expansive range of musculature targeting. The Helm makes stability training routines safer & more effective than ever before.

- **IMPROVED PERFORMANCE**
- **BUILD COORDINATION & ENDURANCE**
- **DYNAMIC CORE STRENGTH**
- **3 GRIP OPTIONS**
- **USE WITH BALANCE TRAINER OR EXERCISE BALL**
- **DOWNLOADABLE OWNERS MANUAL**
- **DOWNLOADABLE VIDEO**
- **MADE IN THE USA**
- **SPECS**
  - High-quality, single-mold injection plastic
  - 1 year limited warranty
  - Holds up to 136.1 kg (300 lbs.)
  - Length: 88.9 cm (35 inches)
  - Weight: 2.28 kg (5 lbs.)



# Hydro Ball

## ALL FITNESS LEVEL & ATHLETES

The **BOSU® Hydro Ball**, when filled with water, harnesses the benefits of Hydro-Inertia™, or water movement in the ball. The shifting water causes your muscles to react faster, enhances your balance and stabilization, and strengthens your joints.

Unlike traditional weights, the Hydro Ball has adjustable weight capacity depending on the amount of water you add or remove. The HB12 ranges from 3-12 lbs. and the HB25 ranges from 6-25 lbs. when filled with water.

The two handles allow for a wide variety of exercises making the Hydro Ball an amazing tool – working both complex or traditional movements. From swings to v-sit twisters, the Hydro Ball provides “destabilized” resistance requiring core stabilization during every exercise. Feel free to give it a slam too.

- **DYNAMIC FLUID RESISTANCE**
- **ADJUSTABLE WEIGHT**
- **6 GRIP OPTIONS**
- **DOWNLOADABLE OWNERS MANUAL**
- **DOWNLOADABLE WALL CHART & WORKOUTS**
- **MADE IN THE USA**
- **HB12 SPECS**
  - 1 year limited warranty
  - Diameter: 25.4 cm (9 inches)
  - Length: 40.6 cm (16 inches) with handles
  - Weight empty: .9 kg (2 lbs.)
  - Max weight with water: 5.4 kg (12 lbs.)
- **HB25 SPECS**
  - 1 year limited warranty
  - Diameter: 22.9 cm (10 inches)
  - Length: 38.1 cm (15 inches) with handles
  - Weight empty: 2.7 kg (6 lbs.)
  - Max weight with water: 11.25 kg (25 lbs.)
- **ADDITIONAL COLORS**



# Surge®

## ALL FITNESS LEVEL & ATHLETES

The **BOSU® Surge®** is a cutting-edge hydro-training device that uses water to provide an unstable load. Strategically placed angles allow the water to crash and shift, forcing your muscles to react to constantly shifting water – creating top-down instability. The Surge® provides a unique challenge to the joints and stabilizing muscles by forcing the body to resist and control the unpredictable nature of the shifting water.

Three different grip options give the Surge® the versatility demanded in today's training. From farmer's carries to overhead lunges, the Surge® will help you achieve and exceed your fitness goals by training your body to react to real life movements. The Surge® 40 ranges from 8-40 lbs. and the Surge® 60 ranges from 10-60 lbs. when filled with water.

**JUST  
ADD  
WATER**

- **DYNAMIC FLUID RESISTANCE**
- **STRENGTHEN STABILIZERS**
- **CHALLENGE CORE**
- **3 GRIP OPTIONS**
- **FULLY ADJUSTABLE WEIGHT**
- **DOWNLOADABLE OWNERS MANUAL**
- **DOWNLOADABLE WALL CHART & WORKOUTS**
- **MADE IN THE USA**
- **40 SPECS**

- 1 year limited warranty
- Length: 84.5 cm (33.25 inches)
- Diameter: 21.6 cm (8.5 inches)
- Circumference: 71.1 cm (28 inches)
- Product weight (without water): 3.6 kg (8 lbs.)
- Product weight (fully filled with water): 18.14 kg (40 lbs.)

- **60 SPECS**

- 1 year limited warranty
- Length: 106.7 cm (42 inches)
- Diameter: 21.6 cm (8.5 inches)
- Circumference: 71.1 cm (28 inches)
- Product weight (without water): 4.5 kg (10 lbs.)
- Product weight (fully filled with water): 27.22 (60 lbs.)

- **COLOR KITS AVAILABLE**



# ACCESSORIES

## ACCENT YOUR BOSU®

Add variety and versatility to your BOSU® workouts. BOSU® ACCESSORIES are available for users of all ages, whether you are looking for more intensity or more stability, BOSU® has it all!

## Toning Ball

### ALL FITNESS - ALL LEVELS

The BOSU® Toning Ball is as great addition to any workout. This ball features a strong, vinyl exterior shell and is filled with sand weighing 4lbs. It is designed to improve strength and balance, enhance hand-eye coordination, assist muscle recovery and intensify exercise movements. Try adding a Toning Ball for variation while doing squats, sit-ups or push-ups in your workout.

- RESHAPE YOUR BODY
- TONE & STRENGTHEN
- INCREASE BALANCE & AGILITY
- IMPROVE FLEXIBILITY
- SPECS

- 90 day limited warranty
- Weight: 1.8 kg (4 lbs.)
- Diameter: 12.7 cm (5 inches)
- Soft grip exterior shell
- Available in a 1 pk & 6 pk



## PowerStax™

### ELEVATE YOUR BOSU® EXPERIENCE

The 4 inch tall BOSU® PowerStax™ are designed to add additional height to the 65cm BOSU® Balance Trainers, depending on how many PowerStax™ you stack together. This feature can not only physically elevate your experience, it can improve the versatility and intensity of your workout. The PowerStax™ stabilize the Balance Trainer dome up or dome down. Whether it's a step-up or box jump you require, the PowerStax™ rise to the occasion. The PowerStax™ alone can also be filled with water and used for additional top-down stability exercises.

- TONE & STRENGTHEN
- NEXT LEVEL FUNCTIONAL TRAINING
- STACKABLE DESIGN
- DOWNLOADABLE OWNERS MANUAL
- MADE IN THE USA
- SPECS

- 1 year limited warranty
- Stackable design
- Compatible with 65 cm Balance Trainers
- Diameter: 68.6 cm (27 inches)
- Height: 10.2cm (4 inches)
- Weight empty: 2.3 kg (5 lbs.)
- Max Weight with Water: 13.6 (30 lbs.)
- Available in a 1pk & 3pk



# Balance Bar

## HOME FITNESS - ALL LEVELS

The **BOSU® Balance Bar** adds another dynamic to balance training. Strengthen, tone and challenge your balance by mixing the Balance Bar with any BOSU® Balance Trainer movement. The Balance Bar comes in two weight options 2 KG (4.4 lbs.) or 4 KG (8.8 lbs.). The soft foam enhances grip and adds to the elegance and sleekness.

- **STRENGTH TRAINING, TONING & STRETCHING**
- **ENHANCED BALANCE MOVEMENTS**
- **SOFT FOAM GRIP EXTERIOR**
- **SPECS**
  - 90 day limited warranty
  - Weight: 2 kg (4.4 lbs.) or 4 kg (8.8 lbs.)
  - Length: 119.4 cm (47 inches)



# Speed Jump Rope

## ALL FITNESS - ALL LEVELS

The **BOSU® Speed Jump Rope** is designed for high energy, intense cardio workouts. Weighted steel handles ensure you never lose your grip and the braided steel wire is insulated with a protective plastic coating allowing the rope to cut through the air and skip safely on the ground. Industrial grade ball bearings glide smoothly within the handle allowing you to reach your maximum speed without compromise. Great for perfecting Double or even Triple Unders!

- **BUILDS CORE STRENGTH & STABILITY**
- **ENHANCES BODY AWARENESS & COORDINATION**
- **EASY TO CLIP HANDLE FOR ADJUSTABLE ROPE LENGTH**
- **SPECS**
  - 90 day limited warranty
  - Plastic coated steel rope
  - 7 ball bearing dual-action handle
  - Weight: .9kg (2 lbs.)
  - Length: 3.7 m (12 feet)





## Resistance Bands

### ALL FITNESS - ALL LEVELS

The two-tone design **BOSU® Resistance Bands** stand out from the rest. Up to 120 lbs. of resistance allows you to get a total body workout from home. Resistance Bands are great for stretching, toning, building muscle and rehabilitation.

- **RESHAPE YOUR BODY**
- **TONE, STRENGTHEN & REHAB**
- **IMPROVE FLEXIBILITY**
- **BREAK RESISTANT**
- **35-120 LBS RESISTANCE**
  - LT: 16-32 kgs. (35-70 lbs.)
  - MED: 20-45 kgs. (45-100 lbs.)
  - HVY: 23-54 kgs. (50-120 lbs.)
  - 90 day limited warranty



## Fabric Resistance Bands

### ALL FITNESS - ALL LEVELS

Soft fabric makes the **BOSU® Fabric Resistance Bands** easy on the skin unlike traditional latex resistance bands. Durable elastic lined fabric bands are great for shaping and toning your legs, inner thighs and glutes.

- **RESHAPE YOUR BODY**
- **TONE, STRENGTHEN & REHAB**
- **IMPROVE FLEXIBILITY**
- **SOFT FABRIC IS EASY ON SKIN**
- **MACHINE WASHABLE**
- **28-48 LBS RESISTANCE**
  - LT: 13 kgs. (28 lbs.)
  - MED: 17 kgs. (38 lbs.)
  - HVY: 22 kgs. (48 lbs.)
  - 90 day limited warranty



## Core Sliders

### ALL FITNESS - ALL LEVELS

The **BOSU® Core Sliders** are great for improving stability while toning your legs, arms and core at the same time. They smoothly slide across multiple surfaces including carpet and hardwood floor - just flip sides depending on the surface you're on.

- **EXCELLENT CARDIO WORKOUT**
- **GREAT FOR TOTAL BODY STRENGTH & TONING**
- **SLIDE ACROSS MULTIPLE SURFACES**
- **SPECS**
  - Foam side for wood/plastic side for carpet
  - Weight: 1 kg. (2 lbs.)
  - Diameter: 15.2 cm (6 inches)
  - 90 day limited warranty



# RETAIL PROGRAM

## ACCENT YOUR SHELVES

Add variety and versatility to your BOSU® workouts. BOSU® ACCESSORIES are available for users of all ages, whether you are looking for more intensity or more stability, BOSU® has it all!

20IN X 14IN X 72IN  
POP-UP CORROGATE DISPLAY



4FT RETAIL SAMPLE END CAP



4FT RETAIL SAMPLE END CAP



4FT RETAIL SAMPLE END CAP



# STORAGE

## ACCENT YOUR GYM WITH ONE OF THESE

Declutter your gym space with one of our BOSU® Storage Solutions. Store up to 14 Balance Trainers, 12 Hydro Balls or 12 Surge®. Each storage rack comes with easy-glide wheels for easy maneuverability.

### Balance Trainer Storage Rack

#### BIG GYM STORAGE SOLUTION

Store and easily transport up to **14 fully inflated BOSU® Balance Trainers**, while conserving valuable floor space. Easy-glide wheels make this cart easy to maneuver.

- **EASY TO MANEUVER**
- **DURABLE STEEL DESIGN**
- **HOLDS UP TO 14 BALANCE TRAINERS**
- **UNIVERSAL FIT**
- **SPECS**
  - Height: 192 cm (6.3 ft.)
  - Length: 125 cm (4.1 ft.)
  - Width: 64 cm (2.1 ft.)
  - Weight: 22.7 kgs. (50 lbs.)



### Surge® Storage Rack

#### BIG GYM STORAGE SOLUTION

The **Surge® Storage Racks** provide convenience and maneuverability when it comes to storage. Designed with durable matte finished steel and easy glide wheels, this universal design fits both the Surge® 60 and Surge® 40. Store up to 12 units per rack.

- **EASY TO MANEUVER**
- **DURABLE STEEL DESIGN**
- **HOLDS UP TO 12 SURGE®**
- **UNIVERSAL FIT**
- **SPECS**
  - Height: 106.7 cm (3.5 ft.)
  - Length: 161.6 cm (5.3 ft.)
  - Depth: 71.1 cm (2.3 ft.)
  - Weight: 43.1 kgs. (95 lbs.)



# Hydro Ball Storage Rack

## BIG GYM STORAGE SOLUTION

The **Hydro Ball Storage Rack** is designed from durable matte finished steel and easy glide wheels for maneuverability. The universal design fits up to 12 units per a rack.

- **EASY TO MANEUVER**
- **DURABLE STEEL DESIGN**
- **HOLDS UP TO 12 HYDRO BALLS**
- **UNIVERSAL FIT**
- **SPECS**
  - Height: 70.1 cm (2.3 ft)
  - Length: 106.7 cm (3.5 ft)
  - Depth: 67.1 cm (2.2 ft)
  - Weight: 27.2 kgs. (60 lbs.)





HEDSTROM® Fitness LLC, is a licensee of BOSU® Fitness, LLC, and distributor of BOSU® products.  
BOSU® is a registered trademark of BOSU® Fitness, LLC. U.S. Patent Nos. 6,422,983, 6,575,885, 6,554,753, 7,344,488 and 7,494,446.  
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[www.bosu.com](http://www.bosu.com)