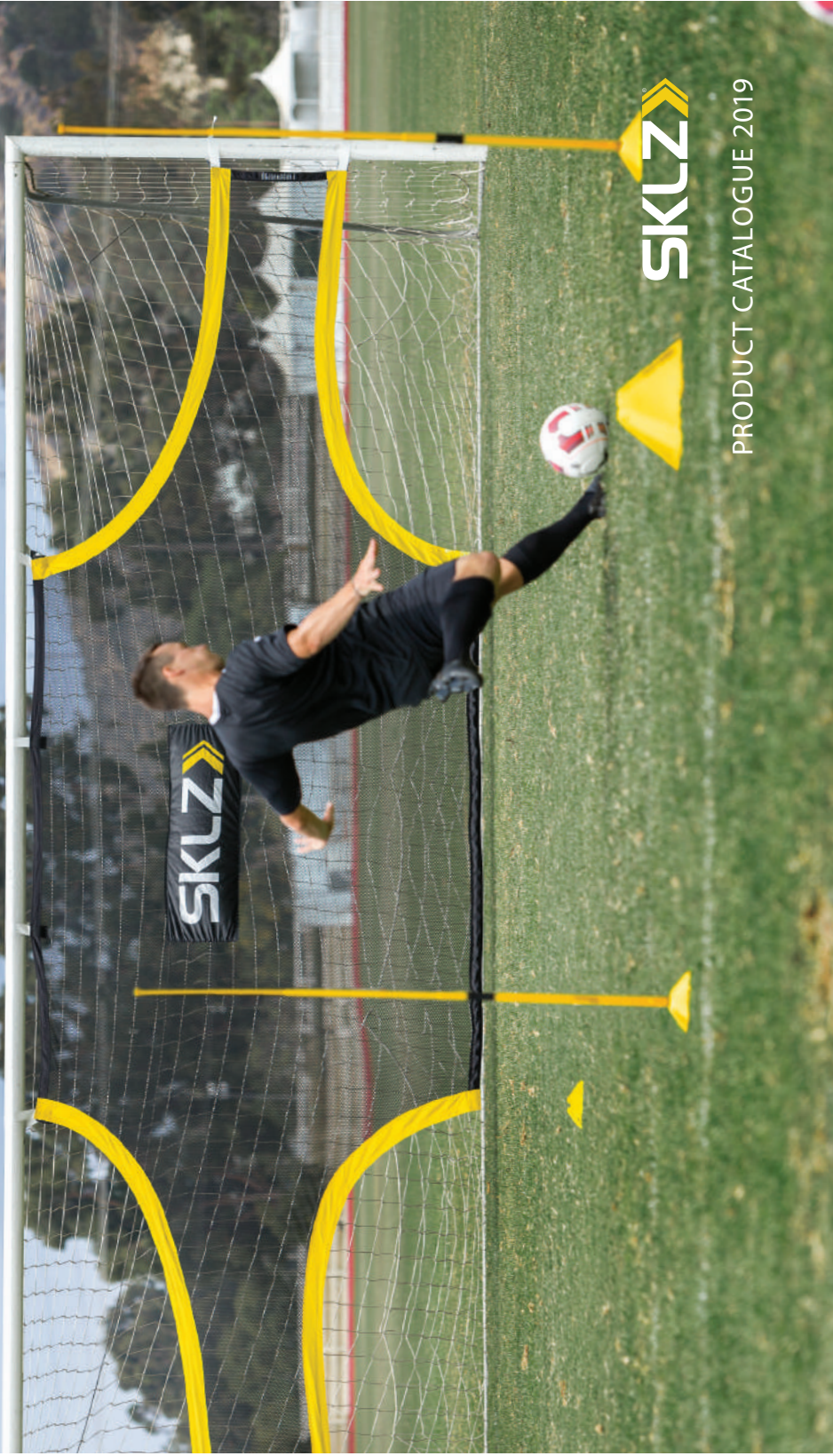


**IMPLUS-EU**

**FITNESS**



**SKLZ**

PRODUCT CATALOGUE 2019





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# BASKETBALL



## DRIBBLING



### LIGHTWEIGHT CONTROL BASKETBALL

#### UNDERSIZED, LIGHTWEIGHT TRAINING BASKETBALL

- Lightweight ball increases dribbling speed by forcing quicker responses between bounces
- Builds awareness and control while improving feel for the ball
- Increases effectiveness of dribbling drills

2738

WHILE SUPPLIES LAST

### OFFICIAL WEIGHT CONTROL BASKETBALL

#### UNDERSIZED REGULATION-WEIGHT TRAINING BASKETBALL

- Official weight forces player to pound the ball and builds muscle memory
- Improves handling through ball awareness and control
- Increases effectiveness of dribbling drills

2737

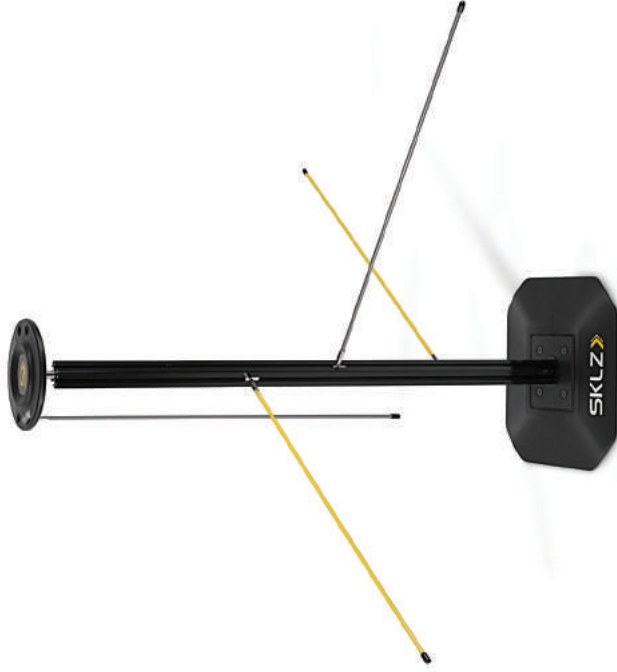
WHILE SUPPLIES LAST

### DRIBBLE STICK

#### BASKETBALL DRIBBLING AND AGILITY TRAINER

- Improve hand positioning, stance and speed with the ball
- Mimics on-court dynamics against defender
- Use for plyometric training and conditioning

0801



### HEAVY WEIGHT CONTROL BASKETBALL

#### REGULATION-SIZE WEIGHTED TRAINING BASKETBALL

- Weighted, regulation-size ball strengthens fingers, wrists and forearms
- Improves dribbling, passing and rebounding
- Bounces and reacts the same as regulation ball for more effective training

2736

## TRAINING ESSENTIALS



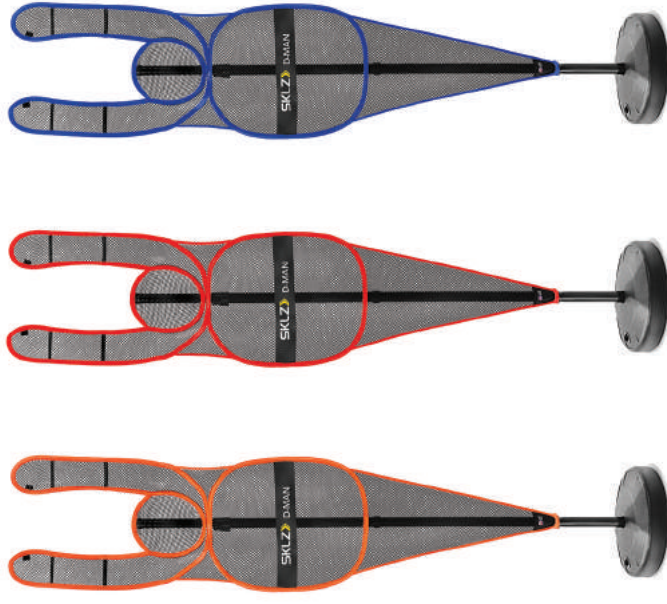
### SOLO ASSIST

#### BASKETBALL REBOUNDER

- Trains players to set their feet, square up and shoot the ball off a true pass
- Designed for hardwood, outdoor courts and driveways
- Perfect for individual practice or team drills

2305

## TRAINING ESSENTIALS



### D-MAN

#### HANDS-UP DEFENSIVE MANNEQUIN

- Ideal for solo practice or team settings
- Portable, lightweight, sets up and breaks down easily
- Adjustable telescoping pole (6.5' to 8' / 198 cm jusqu'à 244 cm) gives various height options

0415 (Orange)

3237 (Red)

3238 (Blue)

**WHILE SUPPLIES LAST**

## TRAINING ESSENTIALS



### BASKETBALL MAGNACOACH MAGNETIC DRY-ERASE COACHING TOOL

- Magnetic player tiles allow easy play diagramming and lineup adjustment
- Stat area for team and personal fouls
- Dry-erase surface on front and back for notes and diagramming plays

0796

### COURT MARKERS

#### NON-SLIP AGILITY MARKERS

- Build footwork and explosiveness with non-slip, multi-surface markers
- Five colors for use in reactive agility and change-of-directions drills to build quickness
- Low-profile, non-slip design that won't interfere with footwork or ball movement

2855

#### WHILE SUPPLIES LAST



### DOUBLE DOUBLE

- 2-in-1 training for more precision shooting and effective rebounding
- Reduces inner rim to 15" (38,1 cm) to reinforce shooting with correct arc and rotation
- Includes attachable "rejector" for rebounding drills
- Durable bent steel construction for true action off the rim
- Easily attaches to standard 18" (45,7 cm) rims

1682



## SHOOTING



### SQUARE UP

#### VISUAL SHOOTING MECHANICS TRAINER

- A visual aid to teach improve the correct ball rotation and alignment
- Encourages correct hand placement while shooting
- Gives players instant visual feedback

0830



### KICK-OUT

#### 360° BALL RETURN SYSTEM

- Rotating chute returns from shots made anywhere on the court
- Quick and easy assembly
- Easy twist adjustment with integrated handle

2304



### COURT VISION

#### DRIBBLE GOGGLES

- Forces players to handle the ball with their head up to survey the court
- Improves reaction time against defenders
- Increases confidence on the court

0799



### SHOOTING TARGET

#### OPTICAL SHOOTING AID

- Gives players a true visual target in the center of the rim
- Attaches easily to the net hooks
- Doesn't alter the flight of the ball

0797





# SOCCER

SKLZ

## FINISHING



### GOALSHOT®

#### SHOOTING & FINISHING TRAINER

Backed by research showing where top league goalies are scored on, the Goalshot helps players build the muscle memory and vision involved in scoring. Goalshot does things cones, targets and stand-in goalies can't do: it creates visual focus on the specific zones where players are four times more likely to score.

- Focus on the top four scoring zones, where you're four times more likely to score
- Built to last multiple seasons
- Easily attaches to any regulation goal

24' x 8' / 7,32 m x 2,44 m 2766

21' x 7' / 6,40 m x 2,14 m 3273

18'6" x 6'6" / 5,66 m x 2,01 m 3360

5m x 2m 3272

## PASSING, RECEIVING & BALL CONTROL

### QUICKSTER® SOCCER TRAINER MULTI-TOUCH SKILL REBOUNDER

- Provides a true roll that helps master passing and receiving on ground
- Maximize reps by settling the ball out of the air with your feet, thighs and chest
- Work on volleys and half-volleys with instep and laces

2312



### PRO TRAINING SOCCER DEFENDER

- Improve passing, dribbling and shooting with 6' mannequin (183cm)
- Wide base and rotational tension design help mannequin stay up right
- Mannequin easily breaks down to 3.5' (107cm) for convenient transportation
- Multi material construction make deflections more realistic and authentic
- Silhouette more accurately mimics real defender for better visual training
- Aluminum center spine makes it durable yet lightweight
- Sturdy base with 4" (10,2cm) spikes for use on grass only

YELLOW 212691

RED 212690

## PASSING, RECEIVING & BALL CONTROL



### KICK COACH

- Vibrates to reinforce proper touch for accurate passing, receiving and shooting
- Helps build muscle memory key to proper ball striking and mastering technique
- Versatile fit for all parts of either foot—instep for passing/receiving and laces for shooting, driving and dribbling
- Fits all shoe sizes from youth to adult

2328



## PASSING, RECEIVING & BALL CONTROL



### STAR-KICK® TOUCH TRAINER BALL CONTROL, RHYTHM AND TECHNIQUE TRAINER

- A fun and effective training tool to improve passing, ball control, rhythm and overall touch
- One size ball helps build foot-eye coordination with both feet
- Portable design allows you to train anywhere and maximize your touches

Neon/Black 3361  
Pink 3416



### STAR-KICK® SOLO SOCCER TRAINER

- Hands-free trainer allows players to maximize the number of touches on the ball with more mobility
- Ball sleeve and belt turns your soccer ball into a solo kick and return trainer
- Fits soccer balls size #3, #4 and #5

Original 0404  
Green/Black 3428  
Pink 3429

## PASSING, RECEIVING & BALL CONTROL



### START-KICK ELITE (SIZE 5)

- Build touch with true rolls and bounces, without the chase
- Maximize touches and training time for more results
- High-quality cord that stretches up to 18' / 5,49 m
- High-quality ball included
- Premium waistband with slide feature

2884



### KICK BACK (SIZE 5)

- Practice free kicks, corner kicks and penalty kicks without chasing the ball
- Build muscle memory for shooting to different goal zones through repetition
- Multiple cord lengths for a variety of training drills
- Works on both grass and turf
- Official size 5 ball

2858



## POP-UP GOALS



### QUICKSTER® SOCCER GOAL

#### ULTRA-PORTABLE QUICK-SETUP SOCCER GOAL

- Sets up and breaks down in under 2 minutes
- Ultra-durable design for high-intensity training
- Utilizes Tension-Tite™ Frame Technology

**Soccer**

6'x4' / 1,83 m x 1,22 m 3285

8'x6' / 2,44 m x 1,83 m 3297

12'x6' / 3,66 m x 1,83 m 3299

### PRO TRAINING GOAL

#### SOCCER TRAINING GOAL

- Portable goal built to withstand powerful shots
- Works on turf and grass
- Authentic goal look with white net, crossbar and posts
- No retail packaging
- Bag included (18'6" x 6'6" / 5,67 m x 2,01 m bag includes wheels)

**Soccer**

6'x4' / 1,83 m x 1,22 m 3268

18'6" x 6'6" / 5,67 m x 2,01 m 3269

**Futsal**

3 m x 2 m 2862

WHILE SUPPLIES LAST





## POP-UP GOALS

### YOUTH SOCCER NET QUICK SET-UP SOCCER GOAL

- Quick set-up for indoor and outdoor pickup games or practice drills
- Authentic goal shape with durable net and fiberglass frame
- Lightweight, portable and easy to carry

3424



### GOAL-EE (SINGLE & SET)

- 4' x 3' / 1,21 m x 0,92 m practice goal perfect for small sided scrimmage
- Unique squared design for set-up and breakdown in seconds
- Durable net and frame construction to support training of all levels
- Lightweight and portable for training anywhere
  - Only 1kgs

SINGLE

3364

SET (two per box)

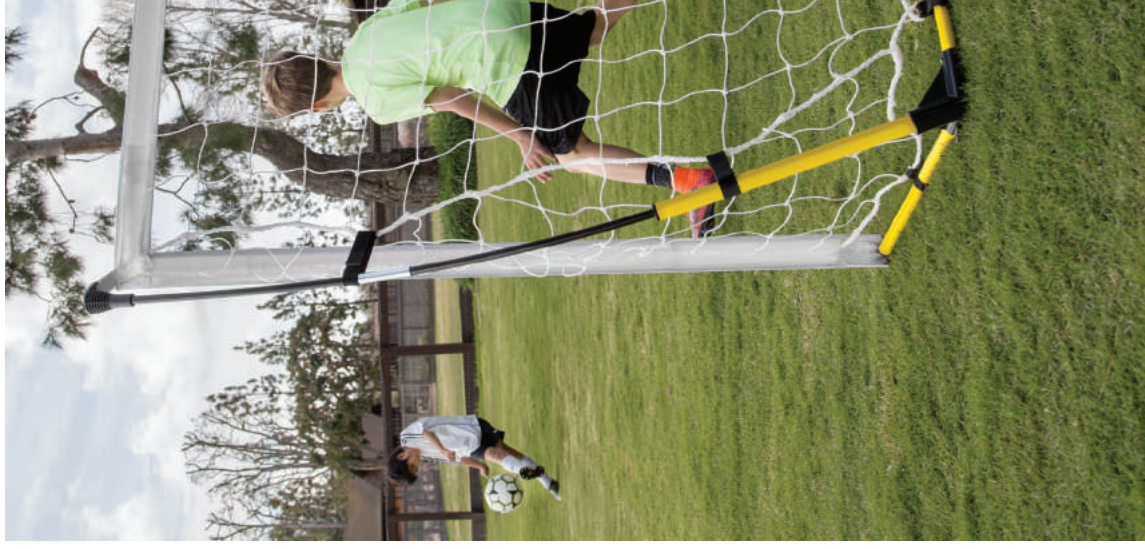
2785

### PLAYMAKER SOCCER GOAL SET

2.5' / 0,61 M POP-UP SOCCER GOALS

- Two durable soccer goals for pickup games or practice drills
- Instant pop open design and attached ground stakes for easy setup
- Easy twist close design and carry bag for quick breakdown and storage

3425



## EQUIPMENT



### PRO TRAINING AGILITY CONES

2", 6", 9" / 5 CM, 15 CM, 23 CM CONES

- Engineered with extremely durable, pop-back material
- Square-base design for better balance
- Built to work on turf, courts, grass and any other surface

2" Cone - Set of 20 2317

6" Cone - Set of 4 2318

9" Cone - Set of 8 2319

### WHILE SUPPLIES LAST

### PRO TRAINING UTILITY WEIGHT

AGILITY POLE, ARC AND SOCCER GOAL WEIGHT

- Holds up the Pro Training Agility Poles and Arcs for use on any surface
- Adds stability to Quickster Soccer Trainer and Pro Training Goals for better balance on all surfaces
- Four pounds each of durable rubber
- Set of 2
- No retail packaging

2322



### PRO TRAINING AGILITY POLES

TELESCOPING AGILITY TRAINER

- Unique design works on grass, turf and courts with Pro Training Utility Weights
- Multiple training options with reversible spike phases of training
- Set of 8

2321



## EQUIPMENT

### PRO TRAINING AGILITY BANDS FLEXIBLE AGILITY TRAINER

- Perfect for plyometric, speed and agility training and hip mobility drills
- Safe design helps prevent injuries when players fall or trip on them
- Can be used in skills exercises or as a gate or obstacle
- Set of 4

2787



WHILE SUPPLIES LAST



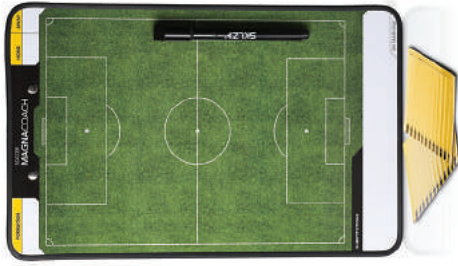
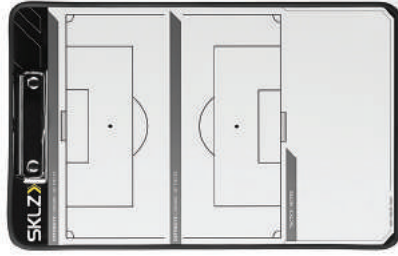
### SOCCER VOLLEY NET

#### ADJUSTABLE HEIGHT TRAINING NET

- A fun and effective training tool to improve real world soccer skills to make you an overall better player
- 12 foot / 3,66 m wide net has two height settings for skill level and to create more variation in training (2' and 3' / 61 cm x 91,5 cm)
- High visibility net trim helps players read height and accurately return serves and volleys.
- Stable base with non-marking feet for use in outdoor and indoor games, ground spikes included

3407

## EQUIPMENT



### SOCCER MAGNACOACH MAGNETIC, DRY-ERASE COACHING BOARD

- Versatile magnetic/dry-erase board combo for more organized coaching
- Clearly communicates lineups, player formations and tactics
- Board identifies players' set piece responsibilities

2326

### GOLDEN TOUCH TECHNIQUE TRAINING BALL

- Develops technique and ball control by focusing on smaller target during training
- Official size three ball with official size five weight mimics the bounce, roll and reaction of a match ball
- Improve all phases of the game, dribbling, shooting, passing and receiving both short passes and driven balls

3406

## EQUIPMENT



### TRAINING SOCCER BALL (SIZE 4 & 5)

#### HIGH-QUALITY TRAINING BALL

- Traditional machine stitched 32-panel design
- TPU textured outer casing for extended durability
- High quality rubber bladder helps retain air pressure and shape longer

3246 (green, size 4)

3247 (yellow, size 5)

**WHILE SUPPLIES LAST**

A man with short, dark hair is shown in profile, performing a side plank exercise in a gym. He is wearing a dark grey t-shirt, grey athletic shorts, black socks, and black and grey sneakers. He is leaning on his right arm, with his left arm extended forward. The background shows various pieces of gym equipment, including treadmills and weight racks. The word "PERFORMANCE" is written vertically in large, bold, yellow capital letters across the center of the image.

# PERFORMANCE

## PERFORMANCE COLOR GUIDE



## PROGRESSIVE RESISTANCE COLOR GUIDE

- An easy to understand, consistent color guide helps you choose your resistance level.
- Maximize your training time by quickly choosing the right resistance level.
- Increase your strength by increasing your workload.



### BARREL ROLLER FIRM

- Highest quality foam for each athletes' regeneration needs
- Use before and after activities to stretch, strengthen and increase muscle flexibility
- Advanced hollow-core, extra-durable construction
- Roller measures 15" x 5.5" / 38 x 14 cm

2889



### HYDRO-ROLLER (6PK PDQ)

- Stay hydrated to maximize sport performance
- Foam roll to maintain flexible, healthy tissue
- High-density foam for more efficient massage and trigger point release
- Stainless steel bottle that won't dent or crush
- Convenient design cuts waste and the amount of items in your gear bag
- Holds 828 ml of fluid

2910



## WARM-UP / RECOVER



### ROLLER BALL (12PK PDQ)

- Designed with a friction-free, smooth-glide ball, the Roller Ball lets you apply targeted pressure to muscle areas.
- Ideal for trigger point release to relieve knots, aches and pains to accelerate recovery.
- Comfortable, rubberized grips for all hand sizes.

2447



### COLD ROLLER BALL

- Stay hydrated to maximize sport performance
- Foam roll to maintain flexible, healthy tissue
- High-density foam for more efficient massage and trigger point release
- Stainless steel bottle that won't dent or crush
- Convenient design cuts waste and the amount of items in your gear bag
- Holds 828 ml of fluid

1683



## MINI BANDS MULTI-RESISTANCE TRAINING BAND SET

- Effective and versatile training tool that can be used anywhere
- Use for upper and lower body resistance training
- Ideal for lateral movement and stabilization exercises

0500

### Also available in bulk

Yellow (10 pk) 1489  
Red (10pk) 1488  
Black (10pk) 2194



## ACCUSTICK®

### TENSION RELIEF MASSAGE TOOL

- Recover faster with massage and trigger point release
- Target all muscle groups with curves, corners and points
- Lightweight and portable to use anywhere you train or play

2725



## DUAL POINT MASSAGER ERGONOMIC SPINE AND TISSUE MASSAGER

- Cradles the spine and applies pressure for increased circulation
- Helps accelerate recovery from sport training
- Ergonomic, spine-friendly design

2895



WHILE SUPPLIES LAST

## WARM-UP / RECOVER

### UNIVERSAL ANCHOR

- Turns doors and poles into an anchor point for training
- 360° rotation allows for full range of movement
- Compatible and easily interchangeable with Slide-Lock components
- Pair with Training Cables and Dual Handles, Universal Cuff or Chop Bar for optimal training

2783



### MOBILITY BAR STRENGTH, STABILITY AND MOBILITY TRAINER

- Increase shoulder range-of-motion and flexibility
- Helps improve shoulder strength and reduce the chance of injury
- Ideal warm-up and recovery tool for overhead athletes

2780



WHILE SUPPLIES LAST

## WARM-UP / RECOVER



### MASSAGE BAR SOFT-TISSUE MASSAGE TOOL

- Massage muscles following any activity
- Accelerate active recovery
- Handles inspired by mountain biking for even pressure and comfort
- 20" / 51 cm in length

1688

### TRAVEL MASSAGE BAR PORTABLE SOFT-TISSUE MASSAGE TOOL

- Provides massage therapy to help sore muscles recover faster
- Lightweight and fits easily into almost any bag
- Ergonomically designed handles for maximum comfort
- 15" / 38 cm in length

3239



### MUSCLE ROLLER PORTABLE SOFT-TISSUE MASSAGE TOOL

- Nine independently moving wheels provide massage therapy to get rid of knots and help sore muscles recover
- 4.5" / 11,4 cm comfort grip handles for ease of use
- 18" / 46 cm in length with over 9" / 23 cm of massage area

3359



## WARM-UP / RECOVER



### TRIGGER STRAP

#### HANDS-FREE TRIGGER POINT RELEASE TOOL

- Innovative, hands-free trigger point release tool
- Long strap for manual leverage on all body parts
- Specially molded, non-slip knob for more targeted, efficient release

2860

WHILE SUPPLIES LAST

### MASSAGE ROLLER ADJUSTABLE MESSAGE ROLLER

- Adjustable balls for versatile trigger point release
- Helps increase muscle flexibility and strength
- Designed for head-to-toe massaging and stretching

0812

WHILE SUPPLIES LAST



### TRAVEL BARREL ROLLER

#### ULTRA-DURABLE PORTABLE MESSAGE ROLLER

- Firm yet comfortable density for athletes with basic tissue regeneration needs
- Perfect for massaging soft tissue, stretching, and increasing joint and muscle flexibility
- Designed to withstand repeated use without breaking down

2890

WHILE SUPPLIES LAST



## WARM-UP / RECOVER



### UNIVERSAL MASSAGE ROLLER

#### DEEP TISSUE THERAPY ROLLER

- Ergonomic design relieves joint and muscle tension from head-to-toe to help reduce chances of injury and recovery times
- Unique shape and size allows you to target hard to reach muscles such as the neck and the back
- Distinct texture stimulates circulation and increases mobility aiding recovery

3228

WHILE SUPPLIES LAST

### TARGETED MASSAGE BALL

#### 5" DEEP TISSUE THERAPY BALL

- Distinct texture stimulates circulation and relieves pain associated with tension
- 5" / 12.7 cm ball ideal for targeting large muscles through deep tissue compression massage
- Firm durometer creates optimal pressure to break up knots and restore mobility

3227

WHILE SUPPLIES LAST



### FOOT MASSAGE BALL

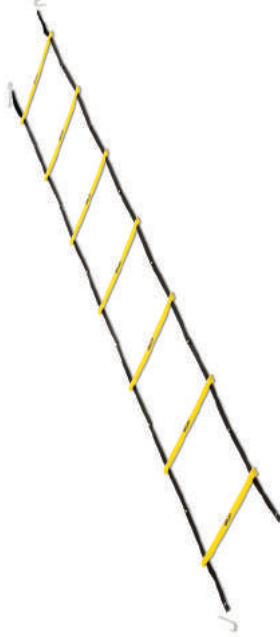
#### 2.5" DEEP TISSUE THERAPY BALL

- Designed to relieve minor aches and pains associated with the foot
- Distinct texture stimulates circulation and increases mobility, aiding recovery
- 2.5" / 6.4 cm ball is ideal for targeting small muscles through deep tissue compression massage

3226

WHILE SUPPLIES LAST





### ELEVATION LADDER

#### 2-IN-1 SPEED HURDLES AND LADDER

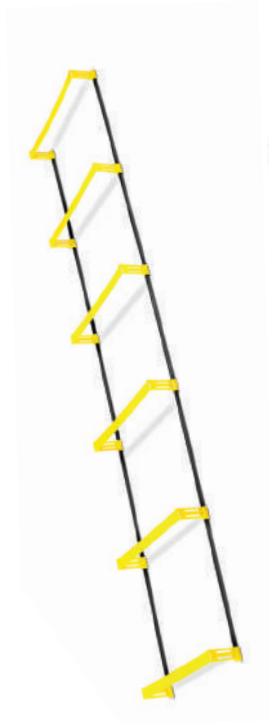
- Switch between a flat ladder and 4" / 10,2 cm hurdles in seconds
- 7-foot / 2,14 m, 6-rung long ladder
- Each ladder rung measures 26" / 66 cm wide and 15" / 38 cm long

0940

### QUICK LADDER PRO TANGLE-FREE AGILITY AND FOOTWORK TRAINER

- Tangle-free fold means no time spent untangling and more time training
- Low-profile edges minimize chance of catching cleats
- Ends and sides are extendible for attaching more ladders

1861



### QUICK LADDER

#### 15' / 38 CM FLAT-RUNG AGILITY LADDER

- Improves acceleration, lateral speed and change of direction
- Improves quickness through accelerated foot strike and lift frequency
- Develops the core skills necessary to enhance balance, rhythm and body control

1124



### AGILITY LADDER

#### 12' / 31 CM FLAT-RUNG TRAINING LADDER

- Burn calories and build endurance while developing body control, rhythm and balance
- Improve quickness, acceleration, lateral speed and change of direction
- 12 feet / 31 cm in length with 9 adjustable rungs

3419





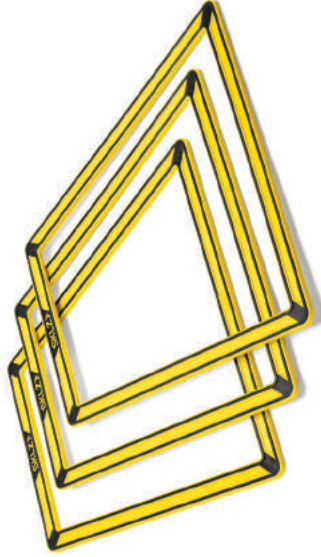
**SPEED HURDLE PRO**  
**MULTI-HEIGHT QUICK-ADJUSTMENT HURDLE**

- Elevates speed and agility training with flexible, multi-height hurdles
- One-button, quick-adjusting heights for varying training drills
- Choose from 6, 9 or 12-inch / 15.2, 22.9 or 31 cm settings to add or decrease intensity
- Set of 6

**WHILE SUPPLIES LAST**

**6X HURDLES**  
**FOOTWORK AND AGILITY TRAINING HURDLE**

- Highly durable, multi-directional speed, agility and plyometric hurdles
  - Bounce-back construction
  - Superior, one-piece twist design
  - Set of 6
- 1860



**AGILITY TRAINER PRO**  
**CUSTOMIZABLE FOOTWORK AND AGILITY TRAINER**

- Train footwork and agility patterns in game-like situations
- Designed for curvilinear and customizable training patterns
- Cut your reaction time while adding speed in all directions
- Set of 10 with a carry handle

2915





## REACTION BALL

- Six-sided high-bounce rubber design causes the ball to leap and hop randomly
- Use solo on hard surfaces or walls or in a team setting
- Sharpens depth perception while making training fun and effective
- Great training tool for all sports

0724

## ACCELERATION TRAINER DYNAMIC OVERLOAD AND RELEASE SYSTEM

- Add the speed that adds up to victories
- Build new speed, power from the start, during acceleration and at the top-end
- Use the dynamic load and release method proven in research
- Train for speed in every direction

2961



## SPEEDSAC™ VARIABLE-WEIGHT SPRINT TRAINER

- Improves 40-yard / 36.5 m dash times, overall speed and explosiveness
- Boost acceleration and stride length
- Strengthens lower-body muscle groups
- Adjust weight options for variable resistance
- Simple construction makes it portable and versatile to use anywhere

3417



## AGILITY CONES 20 CONES IN 4 COLORS

- Multiple high-visibility colors for marking training areas
- Durable, will not break when stepped on
- Set of 20, 2" / 5 cm tall cones

0127



## MINI CONES

2" / 5 CM HIGH-VISIBILITY MARKER SET

- Square-base design for better balance
- Carry strap and compact cone size for easy transport and storage
- Built to work on turf, courts, grass and any other surface

50pk 3382

20pk 3426



## SPEED CHUTE RESISTANCE SPRINT TRAINER

- Maximizes acceleration and top running speed through resistance and overspeed training
- 360° rotation belt with free-motion ring allows for movement in any direction
- Quick-release belt buckle allows training with acceleration bursts

2125



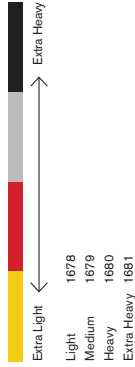
## STRENGTH / POWER



### PRO BANDS

#### MULTI-EXERCISE RESISTANCE BAND

- Builds upper and lower body strength safely and effectively
- Improves flexibility and recovery with restorative exercises
- Develops lateral speed and forward acceleration



WHILE SUPPLIES LAST

### WEIGHTED VEST PRO

#### ADJUSTABLE-WEIGHT TRAINING VEST

- Get more results from your training by adding valuable resistance that won't compromise technique
- Vest straps easily adjust to fit larger athletes
- Converts to a sandbag for endless weight and resistance exercises
- Weight adjusts up to 20 lbs / 9 kg.

3243

WHILE SUPPLIES LAST



### WEIGHTED VEST

#### VARIABLE WEIGHT TRAINER

- Breathable vest adjusts from 1 lb / 2,54 kg to 10 lb / 25,4 kg in half pound increments
- Belt adjusts to fit athletes of most sizes
- Soft weights allow the vest to bend and flex with your movements

0314

WHILE SUPPLIES LAST



## STRENGTH / POWER



### COREWHEELS™ DYNAMIC CORE STRENGTH TRAINER

- Enhances traditional plank and push-up exercises
- Develops pillar strength (shoulders, torso and hips) through a variety of exercises
- Wheels on each axle move together for safety and comfort

0665

### PRO TRIPLE QC HANDLE

- Build strength and endurance by using Training Cables at the same time for up to 100 lbs (45.4 kg) resistance.
- The pair of handles comes with ergonomic rotating grips and contoured handles to ensure proper alignment and maximum comfort.
- Work out anywhere and anytime with minimal effort with the patented Slide-Lock cable system.

0665



### SUPER SANDBAG HEAVY-DUTY TRAINING BAG

- Develops power and explosiveness
- Great for building strength throughout body
- Four weight bags included – must be filled with a high-density material, like sand

0308





## COURT SLIDEZ

### NON-MARKING CORE STABILITY DISCS

- Use your body weight for low-impact, high-results training
- Safe to use on any smooth surface—hardwood, tile, courts and more
- A full-body workout in two convenient discs that fit easily into bag

2814

## SLIDEZ

### FUNCTIONAL CORE STABILITY DISCS

- Use-anywhere training aid that builds core strength and increases flexibility
- Low-friction, durable material slides smoothly on virtually any surface
- Large surface area with ergonomic tread provides a comfortable, non-slip grip for hands and feet

1862



### RECOIL 360° DYNAMIC RESISTANCE/ASSISTANCE TRAINER

- Maximizes power, speed and vertical jump
- Engineered with a “free-floating” ring for 360 degrees of movement
- Designed for solo use or for training with a partner

0182



### HOPZ™ VERTICAL JUMP TRAINER

- Builds explosive leg power and strengthens jumping muscles
- Move resistance cables on belt to target specific muscles
- Change resistance cable quickly with patented Slide-Lock™ on belt and ankle straps

1694



### LATERAL RESISTOR PRO STRENGTH AND SPEED TRAINER

- Develops first-step quickness and lateral speed
- Strengthens key muscles for fluid movement and proper body positioning
- Patented Slide-Lock™ system for quick, safe switching of resistance cables

1695

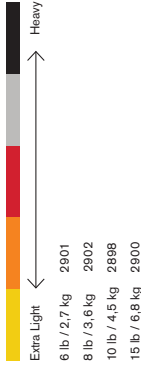


STRENGTH / POWER



**MED BALL**  
WEIGHTED TRAINING BALL

- Trains upper body, rotational power and core strength
- Non-slip pattern offers secure grip
- Improves hitting, swinging or throwing



**WHILE SUPPLIES LAST**



**GRIP STRENGTH TRAINER**  
ADJUSTABLE RESISTANCE HAND GRIP

- Increase grip strength and endurance by training fingers, wrists and forearms
- Easily adjust resistance from 20 lb / 9 kg. to 90 lb / 40.8 kg. to fit any training level, beginners to advanced
- Great for rehabilitation, increasing hand and forearm circulation and stress relief

3408



## STRENGTH / POWER



### PRO MAT

#### WARM-UP AND RECOVERY MAT

- Made from specially coated, easy-to-clean foam
- Large 24" x 68" / 61 cm x 172 cm design with 1/2" / 1,3 cm foam
- Features grommets hanging and storage

0295

WHILE SUPPLIES LAST



### STABILITY BALL

#### CORE AND BALANCE TRAINER

- Promotes core strength, improve balance and posture
- Built with a non-slip surface and heavy-duty materials
- Offers unlimited workouts from a single training device

55 cm 2694

65 cm 2695

WHILE SUPPLIES LAST



### BALANCE PAD

#### BALANCE, STRENGTH AND STABILITY TRAINER

- Destabilizing properties enhance balance and core strength training
- Perfect for seated or standing training and rehabilitative exercises
- Textured, slip-resistant surface

3219

WHILE SUPPLIES LAST



## FUNCTIONAL TRAINING SYSTEM



### TRAINING CABLE STRENGTH TRAINER

- Builds strength, stability and power
- Compatible and interchangeable with all Slide-Lock™ components
- Essential for your home gym

Extra Light	10-20 lb / 4.53-9 kg	2715 (with out handles)
Light	30-40 lb / 13.6-18.1 kg	2716 (with out handles)
Medium	50-60 lb / 22.7-27.2 kg	2717 (with out handles)
Heavy	70-80 lb / 31.8-36.3 kg	2718 (with out handles)
Extra Heavy	90-100 lb / 40.8-45.4 kg	2719 (with out handles)

**WHILE SUPPLIES LAST**

### FLEX QUICK CHANGE HANDLE FLEXIBLE SINGLE-CABLE RESISTANCE TRAINER

- Patented Slide-Lock™ system for quick and safe cable changes
- Flexible strap and movable handle allows for a variety of grips
- Use with Training Cables for variable resistance

0790

**WHILE SUPPLIES LAST**



### DOOR ANCHOR DURABLE TRAINING CABLE ANCHOR

- Holds up to three 100-pound / 45.4 kg cables
- Flexible cable cradle increases longevity of cables by reducing friction and wear
- Use with any three-hinged door to increase the amount of exercise possibilities

0806

**WHILE SUPPLIES LAST**



## FUNCTIONAL TRAINING SYSTEM



### CHOP BAR

#### ROTATIONAL POWER TRAINER

- Builds new levels of core strength and rotational power
- Trains sport-specific swing movements
- 360° rotation allows for full range movement

2781

WHILE SUPPLIES LAST



### DUAL HANDLES

#### FUNCTIONAL TRAINING HANDLES

- Connected handles enhance upper body training
- 360° rotation allows for all types of movement
- Compatible and easily interchangeable with Slide-Lock™ components

2782

WHILE SUPPLIES LAST



### UNIVERSAL CUFF

#### FUNCTIONAL TRAINING CUFF

- Upper and lower body attachment to build strength and stability
- 360° rotation allows for full range of motion
- Compatible and easily interchangeable with Slide-Lock™ components

2784

WHILE SUPPLIES LAST



## SELF-GUIDED



### TRAINER MED BALL

8 LB / 3.63 KG SELF-GUIDED MEDICINE BALL

- Illustrates exercises with clear visuals printed directly on it
- Shows muscles being targeted to add strength and build muscle
- Includes recommended sets and reps

2681



### TRAINER BALL

65 CM SELF-GUIDED STABILITY BALL

- 16 essential exercises printed on the ball to engage core stabilizers, maximize flexibility and improve muscle regeneration
- Portable and convenient for training anywhere
- Designed by professional trainers

0609



## SELF-GUIDED



### TRAINER ROLLER SELF-GUIDED FOAM ROLLER

- 12 essential exercises printed on the roller to relieve soreness, improve circulation and increase muscle elasticity
- High-density foam construction efficiently massages muscle and connective tissue
- Designed by professional trainers

2894



### TRAINER MAT SELF-GUIDED EXERCISE MAT

- 24 essential exercises printed on the mat to build muscle strength and elasticity, key elements for developing speed, agility and quickness
- Integrate into training routine for efficient recovery and to reduce injury risk
- Designed by professional trainers

0488



**RESISTANCE CABLE SET  
INTERCHANGEABLE STRENGTH TRAINER**

- Simple system, total body workout
- Functional training with multiple resistance levels
- Work on strength and power, anytime anywhere

Light 15lb / 6.8 kg with handles	2721
Medium 20lb / 9 kg with handles	2722
Heavy 25lb / 11.3 kg with handles	2723

**WHILE SUPPLIES LAST**



**SPEED ROPE  
SPEED AND CONDITIONING TRAINER**

- Speed rope with dual ball bearings and steel rod for faster rotation
- Coated low-kink cord
- Slim, comfortable handle with 90-degree cord angle

3318



**JUMP ROPE  
CONDITIONING TRAINER**

- Great tool for improving coordination, footwork and quickness
- Exceptional value, durable jump rope
- Ergonomic, padded grips

1858

FITNESS / CONDITIONING



## TRAINING ROPE PRO

### STRENGTH AND ENDURANCE TRAINER

- Builds strength, power, endurance, balance and muscle control
- 40' / 12,2 m long for optimal performance
- Sheathed for ultra durability

2191

WHILE SUPPLIES LAST





SKUZ 

# PRO MINI HOOP™





### PRO MINI HOOP®

#### PRO-GRADE BACKBOARD AND BREAK-AWAY STEEL RIM

- Look, function and durability of a professional-grade hoop
- 18" x 12" / 45,7 x 30,5 cm polycarbonate backboard
- 9" / 22,9 cm steel breakaway rim

0401



**PRO MINI HOOP® XL  
PRO-GRADE BACKBOARD AND  
BREAKAWAY STEEL RIM**

- 23" x 16" / 58,4 x 40,6 cm clear polycarbonate shatterproof backboard
- 9.5" / 24,1 cm diameter spring-action "breakaway" steel rim
- Foam-padded, slide-on door mounts

0450



**PRO MINI HOOP® MIDNIGHT  
GLOW-IN-THE-DARK FUN**

- Glow-in-the-dark parts: ball, backboard and net
- 18" x 12" / 45,7 x 30,5 cm glow-in-the-dark polycarbonate backboard
- 9" / 22,9 cm steel breakaway rim

1715



**PRO MINI HOOP® MICRO  
COMPACT PRO-GRADE BACKBOARD, BREAK  
AWAY STEEL RIM AND FOAM BALL**

- Clear polycarbonate easy-mounting shatterproof backboard assembles quickly
- Ball safely with break-away steel rim and 4" / 10,2 cm foam mini-ball
- Padded backing protects the mounting door

2732



### PRO MINI HOOP® SYSTEM

#### ADJUSTABLE MOBILE HOOP

- Adjustable mini-basketball system (3.5"-7" / 8.9-17.8 cm)
- 33" x 23" / 83.8 x 58.4 cm polycarbonate backboard
- 14" / 35.6 cm steel breakaway rim

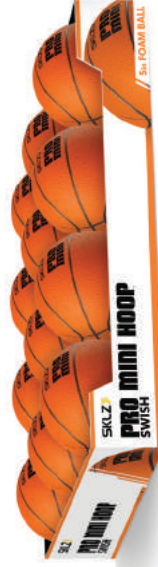
0493



### PRO MINI BALL

- 5" / 12,7 cm mini rubber basketball

0403



### SWISH BALL

- 5" / 12,7 cm mini foam basketball
- Available in a 12 pack PDQ.



Original 1721

2888

Green

2906

Blue

WHILE SUPPLIES LAST

WHILE SUPPLIES LAST



# TENNIS

## TENNIS



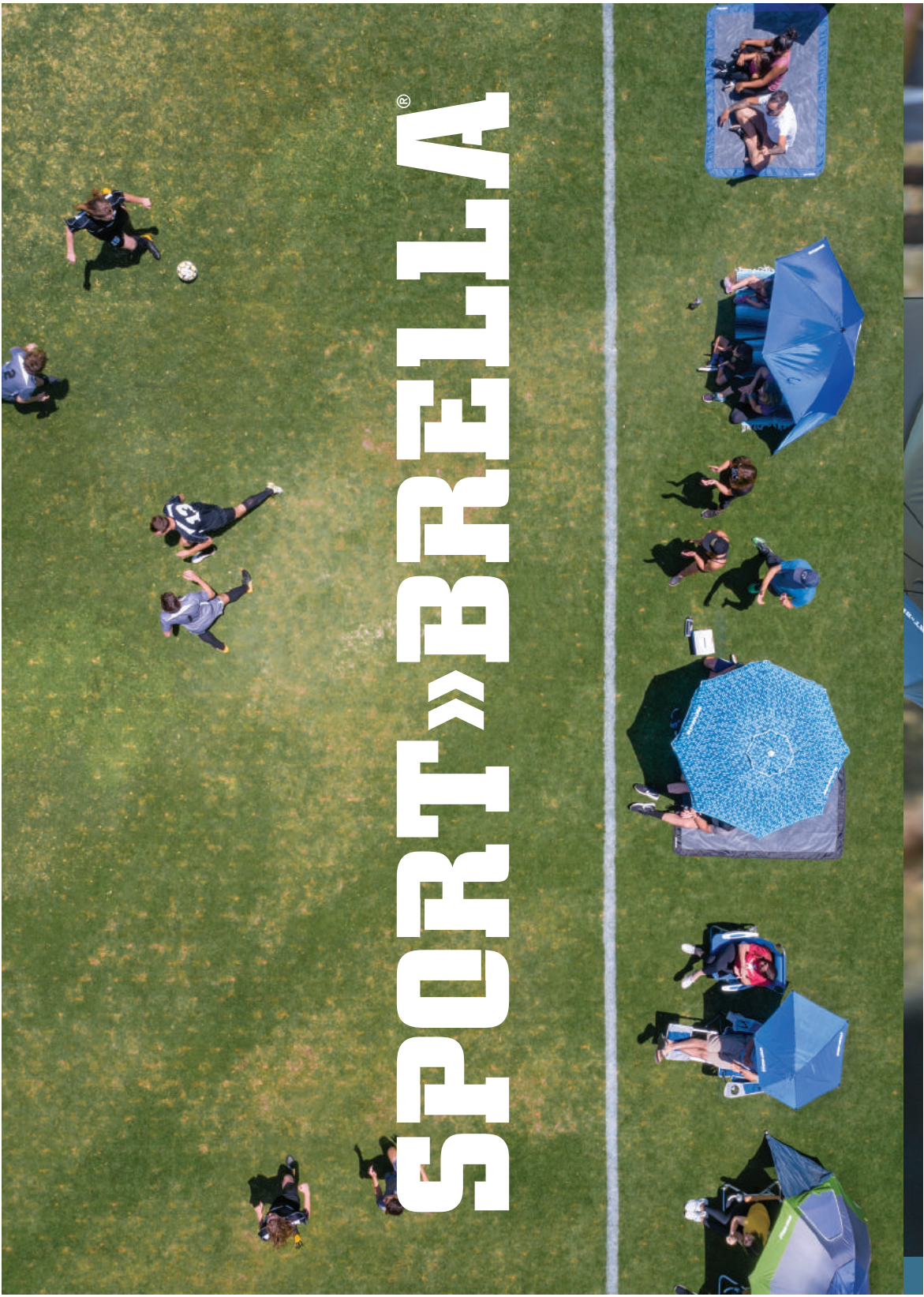
### POWER BASE TENNIS TRAINER

- SKLZ PowerBase Tennis Trainer is the ideal practice partner for improving your entire game.
- With the sturdy non-slip base and no-tangle Kinetic Cord, you get hours of continuous practice without a partner to get your game and your body in shape.

0702



# SPORT»BRELLA®





## SHELTER

### SPORT-BRELLA®

#### 8-FOOT / 2,44 M INSTANT SUN & WEATHER SHELTER

- All-season protection from sun, wind and rain
- Instant 8' / 2,44 m Pop Up Shelter with side flaps for full domed coverage
- Perfect for all outdoor activities
- UPF 50+ undercoating provides protection from UVA/UVB rays
- Top vents and side zippered windows for preferred ventilation
- Telescoping center pole extension can be hammered into the ground
- Heavy-duty metal ground stakes with easy-cinch, tie-down cords for stability
- Two internal storage pockets to store valuables or gear (also can be used as weighted pockets)
- Protective eye tips for safety
- Under 9 lbs / 4,1 kg for easy transport and storage within included travel bag

RED 0700  
 BLUE 0740



## SHELTER



### SPORT-BRELLA® XL

#### 9-FOOT / 2,74 M INSTANT SUN & WEATHER SHELTER

- All-season protection from sun, wind and rain
- Instant 9' / 2,74 m Pop Up Shelter with side flaps for full domed coverage
- Perfect for all outdoor activities
- UPF 50+ undercoating provides protection from UVA/UVB rays
- Top vents and side zippered windows for maximum ventilation
- Telescoping metal center pole extension can be hammered into the ground
- Heavy-duty steel ground stakes with easy-cinch, tie-down cords for stability
- Two internal storage pockets to store valuables or gear (also can be used as weight pockets)
- Protective eye tips for safety
- Under 10 lbs / 4,54 kg for easy transport and storage in side included travel bag

STEEL BLUE 1726  
DEEP RED 0789



## CHAIRS



### VERSA-BRELLA

#### ALL-POSITION UMBRELLA WITH UNIVERSAL CLAMP

- Stylish patented umbrella connects easily to chairs and other surfaces
- Heavy-duty universal clamp adjusts to both round and squared surfaces for a secure fit up to 1½" / 3,81 cm
- Patented 360° swivel umbrella for sun protection in any direction
- UPF 50+ undercoating provides protection from UVA/UVB rays
- Three push-button hinges for easy position adjustment
- Protective eye tips for safety
- Included carry bag for compact lightweight transport

FIREBRICK RED  
MIDNIGHT BLUE

1202  
1203





## CHAIRS



### SPORT-BRELLA® RECLINER CHAIR 3 LEVEL RECLINING SPORT CHAIR WITH 360° SWIVEL UMBRELLA AND FOOTREST

#### CHAIR

- Ultra-strong, lightweight steel construction for durability
- Extra-wide seat provides all day comfort
- Includes built-in insulated pocket (holds up to 4 drinks), cup-holder and storage pocket with bottle opener
- Chair and umbrella fold down together for compact transport in included carry bag
- 300 lb / 136 kg maximum weight capacity

#### UMBRELLA

- Stylish patented umbrella connects to either side of chair
- 3-point swivel and two push button hinges for total coverage
- UPF 50+ undercoating provides protection from UVA/UVB rays
- Protective eye tips for safety

FIREBRICK RED	3252	WHILE SUPPLIES LAST
MOSS GREEN	3284	WHILE SUPPLIES LAST



### SPORT BRELLA CHAIR - AQUA

- Complete sun protection in any direction, can even be adjusted for wind protection
- Ultra-aerodynamic umbrella connects to either side of chair and swivels on two push buttons
- UPF 50+ umbrella lining for maximum sun protection
- Comes with compact carry bag for easy storage and transport
- Weight limit up to 300 lbs / 136 kg
- Travel size and weight: 7" x 7" x 35" / 17,8 x 17,8 x 88,9 cm, 9 lbs / 4,08 kg.

AQUA	1026
BLUE	0775





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**KWUN TONG KOWLOON - HONG KONG**

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